

Anacostia River Getting Cleaner, But a Long Way to Go

BY BETH HALL

Last year was DC's wettest year on record, with an observed rainfall of 66.28 inches. This negatively impacted water quality in the Anacostia River due to tremendous amounts of sediment, animal waste and organic material being dumped into the river. In spite of this, work done to improve the river has made a difference. The Anacostia Watershed Society's annual State of the River "Report Card" recently gave the river its second highest score since the report was first produced in 2011.

There have been multiple projects that have helped, such as the DC Water tunnel which captured 5 billion gallons of combined sewage in the first year of operation as well as over 200 tons of trash and 600 tons of sediment. In addition, WSSC, Maryland's water utility, is closing in on fixing their exposed and leaking sewer pipes. Also, 550 "super pooper" geese were removed from Anacostia Park over the last three years, and significant trash has been cleaned up due to strong policies, multiple cleanup efforts, outright bans on some materials and heightened awareness. One of the qualitative measures in the Report Card—trash removal—received a passing grade for the first time.

A watershed is an area of land that

2019 ANACOSTIA RIVER REPORT CARD				
		SCORE(%)	GRADE	MULTI-YEAR TREND
Water Quality Indicators (Quantitative)	Dissolved Oxygen	54	F	↓
	Fecal Bacteria	39	F	↑
	Water Clarity	43	F	↑
	Chlorophyll <i>a</i>	81	B-	↑
	Submerged Aquatic Vegetation	31	F	↑
	Stormwater Runoff Volume	46	F	↓
Remediation Indicators (Qualitative)	Toxics Remediation	52	F	↑
	Trash Reduction	62	D-	↑
OVERALL GRADE		51	F	↑

Source: Anacostia Watershed Society

drains all the streams and rainfall to a common outlet such as a river, a reservoir or a bay. The Anacostia watershed covers 176 square miles of DC, Prince George's County and Montgomery County in Maryland, and is home to over 1 million people.

The mission of the Anacostia Watershed Society is to protect and restore the Anacostia River and its watershed communities by cleaning the water, recovering the shores, and honoring the heritage.

The vision is to make the Anacostia River and its tributaries swimmable and fishable, in keeping with the Clean Water Act, by 2025. Founded in 1989, the Society and its budget has seen rapid growth since 2000, thanks in large part to government and foundations.

The full Report Card is available at the Anacostia Watershed Society webpage at <https://www.anacostiaws.org/what-we-do/public-policy-advocacy/state-of-the-river-report-card.html>.



WAYS TO ENJOY THE 50TH ANNIVERSARY OF THE MOON LANDING

Page 6



KID'S CORNER

Page 8

SIGN UP FOR SUMMER READING PROGRAM

Page 9

E St. Outside NASA Headquarters Renamed "Hidden Figures Way"

NASA Administrator Jim Bridenstine was joined on Wednesday, June 12, by U.S. Sen. Ted Cruz of Texas, DC Council Chairman Phil Mendelson and author Margot Lee Shetterly for the renaming of E St., SW, in front of NASA Headquarters, to Hidden Figures Way.

The event honored Katherine Johnson, Dorothy Vaughan and Mary Jackson from NASA Langley, as well as all women who contributed to the nation's space program. Family members representing these women were also in attendance.

"The Southwester" Seeks Detail-Oriented Copy Editor

"The Southwester" seeks a detail-oriented Copy Editor with a keen eye for grammar, punctuation and style. This individual will be responsible for ensuring the quality and clarity of all of the newspaper's online and print content. The Copy Editor will work closely with the Editor-in-Chief to maintain "The Southwester" as the voice of the neighborhood.

Essential duties include: Assist with the selection of articles for publication; copy edit articles for the website and monthly print issues; proof layouts for spacing, style and overall design. Requirements: Previous experience in writing, editing or publishing; fluent in AP Style; a Southwest resident.

This is an unpaid position. If interested in applying, or looking for more information, email editor@thesouthwester.com prior to July 15.



DINOS ROAM AT MUSEUM OF NATURAL HISTORY

Page 9



Help Save Lives in the District by supporting The Thelma D. Jones Breast Cancer Fund

Donations support outreach and education strategies for young girls and link low-income, uninsured and underinsured women and men with information, screening diagnostic services and counseling. Donate on line at www.tdjbreastcancerfund.org.

The Thelma D. Jones Breast Cancer Fund is an all-volunteer award-winning grassroots organization with local, national and global recognition. Our mission is to advocate and improve the overall health and wellness for women and men through outreach, education, and prevention. We promote early detection strategies for breast health and access to the best biomedical and evidence-based complementary therapies to reduce the incidences and mortality rates of breast cancer. Our vision is to save lives, embrace and achieve a world community free of breast cancer.

When donating by mail, please make check or money order payable to the Thelma D. Jones Breast Cancer Fund and mail to:

Thelma D. Jones Breast Cancer Fund
400 "I" Street, SW
Washington, DC 20024
thelma@tdjbreastcancerfund.org
www.tdjbreastcancerfund.org
(202) 251-1639

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Southwester Staff

Editor Emeritus: Dale MacIver

Editor-in-Chief: Katelynd Mahoney Anderson

Editorial Staff: Mike Goodman (Copy & Web); Maya Renee (Calendar)

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Op-Ed: What's in the Budget for Southwest Neighbors?

BY COUNCILMEMBER CHARLES ALLEN

The Council voted unanimously to approve the budget for the District of Columbia for the next fiscal year, \$15.5 billion in total. It is the plan and allotment for every dollar the District will spend from October 1, 2019 to September 30, 2020.

As your Ward 6 Councilmember, the budget is my chance to ensure neighborhood needs are funded, including those in Southwest. I want to thank everyone who attended my budget town hall last month at the Arthur Capper Community Center to share your priorities. As the Chair of the Committee on the Judiciary and Public Safety, I also am responsible for setting the budget to ensure the District is a safe and a just city. I'll share a few highlights from the Committee's budget as well as Ward 6 project updates below.

First, a quick note: since DC government serves the functions of both a city and a state government, the budget looks much larger compared to other cities per capita. But only about \$8.6 billion of the total are local funds (property tax, income tax, sales tax, etc), while the remainder is federal funding (Medicaid payments make up a large portion) and other special forms of revenue.

So what's in the budget for Southwest? I'll highlight a few specific funding items as well as some big picture, citywide items the Council prioritized.

Education:

The Council increased the per-pupil student funding formula, which is the main way most of our schools are funded. It also increased funding for at-risk students, which is extra funding to assist schools serving students with greater needs. While the Council cannot steer money to specific schools, we can do our best to ensure that money reaches the students in classrooms that most need extra support. I introduced a bill earlier this year that would give principals at schools the decision on how to spend at-risk dollars instead of central office.

Amidon-Bowen:

We dedicated capital funds to keep Ward 6 schools on-track for modern-

ization and needed maintenance—that includes securing funding for much needed repairs inside Amidon-Bowen Elementary as well as a new playground for the school on the outside! You might remember in the budget a few years ago, I fought to speed up the modernization of Jefferson Middle School, which will resume classes in their new building in August, ahead of schedule. How time flies!

Southwest Library:

While the funding for the modernization of the Southwest Library was already secured in past budgets, I continue to work to make sure the library will be ready on day one when it opens. That includes securing the funds to have a fully stocked library collection and increasing the security staffing. Additional funding is maintained to replace and upgrade the playground in front of the library, with both opening at the same time.

New Fire Ladder Trucks and Ambulances:

We're investing millions to upgrade our aging ladder trucks in the Fire Department—the Committee on the Judiciary and Public Safety funded five new ladder fire trucks, as well as new ambulances, and will hire additional first responders. The budget also provides funding to explore a new site for our Fire and EMS Fleet Maintenance Facility, currently located on Half Street SW. The department badly needs a modernized location and that site could serve as the needed space to build first in re-developing Greenleaf Gardens without displacing a single resident.

Expanding Early Childhood and Elementary Education:

I hear constantly the frustration of not enough seats in the city's Pre-K 3 and 4 programs. This budget adds capacity by building a new childcare center next to Miner Elementary and renovates the Joy Evans Field House to ensure Van Ness Elementary has space to continue growing. The budget also makes permanent a \$1,000 tax credit toward childcare for families earning

\$150,000 or less.

Affordable Housing:

The budget makes an increased investment in the Housing Production Trust Fund and increases the amount of money set aside for housing vouchers.

Senior Services:

The budget locks in long-term, annual funding for the Safe At Home Program, which helps seniors outfit their homes with safety and quality of life improvements to allow them to age-in-place. Additionally, it funds a Senior Strategic Plan to help the District understand what senior needs are in each part of the city.

Public Safety:

In my Committee, we tripled the investment in violence prevention funding, which has shown early signs of being very effective at preventing violent crime by working closely with those at-risk of committing or being the victim of a violent interaction. We also extended the Senior Police Officer program to allow MPD to retain the services of experienced detectives and sergeants who are set to retire.

Public Transit:

The big ticket item of note is consistency. For the second straight year, this budget includes \$178 million in dedicated funding to WMATA from the District, which you might remember is our portion of a deal struck with Maryland and Virginia to give our transit system a reliable revenue source.

Upgrades to Lansburgh Park:

The budget also includes needed funding to complete upgrades at Lansburgh Park, which I funded in last year's budget as well to upgrade lighting, seating, add a performance stage, and improve water fountains.

This is far from an exhaustive list of everything funded in the budget. Once again, I want to thank the many Ward 6 neighbors who spoke with me—your voice helps me and my team do our work. As always, I can be reached at callen@dccouncil.us if you have questions or concerns.

Residents Urged to Make Full Use of Community Benefits from DC United

BY FREDRICA KRAMER, CBCC VICE CHAIR

As the summer and game season heat up, the Near SE/SW Community Benefits Coordinating Council (CBCC) seeks to ensure that the many benefits enshrined in the Community Benefits Agreement (CBA) with DC United are realized by the community.

One of the benefits that CBCC negotiated with DC United is to staff a food concession stand during games as a fundraiser for local nonprofits. CBCC has finalized the arrangement with DC United and Levy Concessions, which operates all food services within Audi Field, and can now offer the opportunity to other nonprofits in the community.

Staffing a stand requires about 10 volunteers, 18 years of age or older, who must participate in a 3-hour training, and who can cover the stand for the 6-7 hours required before and during a game to accommodate set up and clean up. Nonprofits must show proof of their tax exempt status and insurance to cover their own liability. The participating nonprofit would receive a portion of the profits from food

and beverage sales at the stand that day. Interested organizations can contact CBCC at 980-552-0024 for further information or to sign up a nonprofit.

CBCC's first fundraiser at the stadium was June 15, which was joined by others who received the training and a taste of what is involved in the effort. They will continue through the soccer season, which ends in October.

The CBA also provides summer camp scholarship slots for students at Amidon-Bowen and Van Ness elementary schools, and Jefferson Middle School. The one-week camps are held at RFK stadium through the summer. Families should be aware of these camp slots through their school and its DC SCORES afterschool program, but if families need more information or need to work out transportation or other issues, they should contact CBCC.

For accomplished soccer players, the CBA provides for potential entry into the team's Academy via DC United's Youth Sports Clinics. CBCC and DC United have been working with Sports on the Hill to scout for talented young-

sters, age 8-18, who might be able to take advantage of this unique opportunity.

CBCC is also helping to distribute complementary tickets to DC United games as they become available, so that residents who have not yet enjoyed a game at the stadium can do so gratis from the team.

As part of another benefit in the CBA, CBCC is in discussions with DC United to encourage a new primary health care facility for Southwest residents. Unity Health Care is slated to return to SW in a small clinic in the new transitional housing facility set to open on Unity's former site on Delaware Ave. But as the SW population increases, and Buzzard Point is redeveloped, CBCC would like to get a more substantial facility in another local venue that could provide urgent or primary care, which will be needed by the growing population.

DC United now contributes a monthly one-page ad in "The Southwester," another CBA benefit, which supports the growing importance of SW's local newspaper.

SWNA and Deloitte Team Up for Impact Day at Greenleaf Gardens

BY DENA WALKER

The Greenleaf Gardens Resident Council is excited to kick off its 2019 Greenleaf Summer Academic Enrichment Program with freshly painted activity and program spaces. Thanks to the support of the Southwest Neighborhood Assembly (SWNA) and Deloitte, LLP, over 75 volunteers provided the manpower to paint and landscape the resident council community center area. The resident council was a recipient of Deloitte's Impact Day in which volunteers from the international professional services firm spend a day providing a service that positively impacts a local community.

Ally Moir of Deloitte was instrumental in ensuring that the resident council leadership was a part of the planning process from start to finish. On Impact Day, Ms. Moir led two groups of volunteers in painting the inside of the building where the Academic Enrichment Program will be held and another building to be used as a space for the adults in the community to meet.

Lisa Taylor of Deloitte, and a member of SWNA's board, led several groups of volunteers in landscaping and planting around the site. The landscaping and painting efforts resulted in spaces that are warm and welcoming to all who visit the center.

One of the highlights of the painting project was the installation of a mural on the first level of the resident council activity center. The talented muralist, Carly Wooten, designed and sketched a mural that expresses the meaning of the Greenleaf community through the flowers represented in the wall art. The floral arrangements in the mural include the American Beauty rose, which happens to be the official flower of the District of Columbia, and daisies, that represent new beginnings.

Another highlight of Impact Day was a surprise visit from Deloitte's Chief Executive Officer of US Operations, Joseph B. Ucuzoglu. Mr. Ucuzoglu's appearance surprised everyone during the volunteers' lunch break in Landsburgh Park, as he took time out from his busy schedule to share encouraging words about the importance of giving back to the community, and thanked them for their service. As the shock of seeing him in person wore off, Mr. Ucuzoglu lightened the atmosphere by offering



At left, Dena Walker, President of Greenleaf Gardens Resident Council, Ally Moir, Deloitte, Joseph B. Ucuzoglu, Deloitte's Chief Executive Officer of US Operations, Josh Hedrington, SW resident with the idea for this project, Lisa Taylor, Deloitte and SWNA Board Member, and Donna Purchase, SWNA Board Member

Below, over 75 volunteers turned out for Impact Day at Greenleaf Gardens

Photos Courtesy of Author

to answer any questions the volunteers had, and one of the funniest moments was when a volunteer asked how he pronounced his surname. Mr. Ucuzoglu pronounced his surname, and then offered to everyone that they can address him as Joe U. This was a special moment for all in attendance, because of all the Impact Day events that were occurring around the country, the Southwest DC Impact Day was not only the largest site within DC but one of three that Mr. Ucuzoglu attended. After lunch, the volunteers went back to the resident council community center to show him what they had been working on. The Greenleaf Gardens Resident

See "Impact Day," page 10



SW Community Celebrates Reopening of the James C. Dent House

BY MATT KOEHLER

The James C. Dent House reopened to a jubilant, if slightly overheated, crowd of community members, local political and religious leaders, stakeholders, and media under warm and sunny skies on Wednesday morning, June 19. *Juneteenth* to be exact, a date commemorating African American emancipation in 1865, and an auspicious day to reopen a house that belonged to one of Southwest's most prominent black leaders.

James Clinton Dent was born into slavery in 1855 on a tobacco farm in Maryland. Following emancipation, he eventually made his way to DC and worked as a laborer in a lime kiln. In 1885, Dent's wife, along with other community members, founded the Mt. Moriah Baptist Church. Not long after its founding, however, the pastor stepped down and Dent stepped up and served as pastor for 22 years. During his tenure as pastor of Mt. Moriah, Dent became a prominent member of the Southwest community and shaped the church into a powerful and influential part of the black community.

In 1906, Dent hired a white architect by the name of William James Palmer, known for his row house designs, to build a new home. According to the now defunct DCmud blog, the structure wasn't exceptional as a row house but likely stood out amongst the other row houses, tenements, shacks and even tents that populated Buzzard Point at the time. The Dent house is one of the few 19th and early 20th century structures to survive the urban renewal of the 1950's.

Flash forward several decades; the Dent house was run by the Southwest Community House organization until they lost funding and went into debt in



Photo by Perry Klein

Community leaders cut the ribbon in celebration of the James C. Dent House. The building is the former Southwest House, located at the corner of 2nd and Q streets SW.

the early 2000's. In 2010, thanks to some dedicated SW community members, the structure was designated as a historic landmark.

Pepco, located next door, ultimately bought the property and in collaboration with Living Classrooms, a nonprofit founded in Baltimore in 1985, restored the building to be used as a community education and workforce development center.

The new Dent House Center is the first community-based center of its kind in DC and seeks to serve families residing in Ward 6. It's located near three public housing developments: James Creek, Greenleaf Gardens, and Syphax Gardens,

and according to Living Classrooms (LC) the "reopening [of the Dent House] will meet long-standing needs of families living within the 600 residential units."

Going forward, Michelle Subbiondo of LC says they plan to provide hands-on STEAM (science, technology, engineering, arts, and math) powered and robotics programs for young people. During the ribbon cutting ceremony there was an impressive, fully functional robot that attendees could try out. Furthermore, Subbiondo noted that there is a robotics competition this summer, so look for that in the coming months.

Living Classrooms also plans to offer

summer enrichment programs and after school arts and education tutoring in reading and STEAM, in addition to a recording studio where young people can learn how to write and produce their own music.

Living Classrooms, however, is not just for the kids. In the coming weeks and months, they hope to provide workforce development for adults and get community members involved in leadership roles. What specific workforce development and leadership roles will they offer? Subbiondo and a few other representatives from Pepco were not quite sure, yet, as their offerings at the Dent House are an evolving thing. They hope that in coming months, as the community becomes more familiar with the new center, their input will help shape the Dent House's evolution. "Community involvement is key to making it work," Subbiondo told me.

For now, they plan to help adults apply for jobs, get through an interview, or even help with how to talk to a boss they might be having problems with.

Unlike other community centers, the newly reimagined Dent House potentially offers something unique and useful to an area that has seen some of the most rapid development and displacement over the years. In a city of rising rents and growing inequality, they could offer those in our community who need the most help exactly what they need.

Leaving the ribbon cutting ceremony, I left an atmosphere of good feelings from all those present who hoped to be a positive influence on the future of the SW community. And, I recalled the joy on the faces of the community members who fought to keep this historic property and make it into a force for educational opportunities and positive change.

Meet Willie Johnson—SWBID Ambassador

Southwest DC is "the place to be." We continue to spotlight the dedicated staff of the SWBID who are focused on making Southwest a clean, safe, vibrant community in which to live, work, visit and play!

Willie Johnson is one of the original SWBID staff. He says he loves the BID family, the teamwork and the support. Willie is an all-around guy on the job, but his main responsibility is on the cleaning team. He works all over the neighborhood.

Willie is a native Washingtonian; he grew up on M St., SW and attended DC public schools. He loved his childhood neighborhood where he felt he was part of a community. Everyone knew each other and took care of each other. Today, it is a



Photo Courtesy of SWBID

Willie Johnson

different type of community but he loves being out and about where he has made many new neighbor friends.

The SWBID profiles always include a "favorites" section, but clearly Willie's "favorite" is his daughter. You can see his pride when he talks about her. He says she is "wow factor." They spend a lot of time together—his favorite activity is riding bikes with her.

SWBID COO Andre Witt says, "Willie is one of our senior staff who comes to work and does an exceptional job each and every day. We count on Willie to assist in many areas of operations, yet the one area where he truly stands out is painting. Willie was responsible for the painting of

more than three hundred unsightly light pole bases. Willie performed at such a professional level that many of our customers thought new light pole bases had been installed."

Willie's Favorites:

Movie: "John Wick"

Music: Hip Hop

Sport: Basketball

DC spot: Mary McCloud Bethune Park

Best thing about his job: Coming to work every day and helping people. Willie has lots of regular neighbors who greet him with a smile. That smile is what makes his day. He loves the communication of the smile.

So when you're out and about, be sure to say hello to Willie!

SW Residents Honored by DC Hall of Fame Society

BY VYLLORYA EVANS,
ANISE JENKINS
AND THELMA D.
JONES

On April 28, Southwest residents Jan Adams and Charles "Chuck" Hicks, along with nine other DC residents, were inducted into The Washington DC Hall of Fame Society, Inc. at the Liaison Capitol Hill as part of the organization's 19th Annual Legacy Awards Program. Created in 2000, the awards recognize DC residents who have long contributed to the vibrancy of life in the city and have provided decades of exemplary service and support in different areas.

Jan Adams received The Legacy Award for Business. She is president and chief executive officer of JMA Solutions, a company she founded and located in Southwest in 2005. JMA Solutions is a thriving management services firm that assists the Federal Aviation Administration (FAA) and other clients. JMA currently employs 130 full-time employees of which over 40 percent of the workforce are veterans. Adams has been recognized numerous times for her outstanding accomplishments in growing a successful business, including "The Washington Post's" Top Workplaces for the DC area and the "Washington Business Journal's" Minority Business Leader of the Year.

Adams' philanthropic efforts are known throughout the city and country, especially in our Southwest neighborhood. JMA has truly changed the lives of the District's families and youth. In 2018, her philanthropic efforts included supporting over 50 charitable organizations dedicated to youth enrichment, veteran support and STEM-related programs. JMA is a generous donor to Arena Stage and an original corporate contributor to the Smithsonian National Museum of African American History and Culture. Other benefactors are Wounded Warrior organizations. Since 2015, JMA has been the largest corporate contributor to the Southwest Neighborhood Assembly Education and Scholar-



Jan Adams

Photo Courtesy of JMA Solutions



Charles "Chuck" Hicks

Photo by Anise Jenkins

ship Task Force, contributing \$30,000 to fund scholarships for students that reside in zip code 20024. In addition, she is a corporate partner of the DC Adopt-a-School program with a primary focus on Amidon-Bowen Elementary School and Jefferson Academy and a supporter of the Thelma D. Jones Breast Cancer Fund.

Charles "Chuck" Hicks received The Legacy Award for Civic & Community Development. He is best known as "Mr. Black History" and a hard-working organizer. Hicks co-chaired the DC Host Committee for the dedication of the Dr. Martin Luther King Memorial. A strong supporter of DC Statehood, he is Vice President of the DC Statehood advocacy nonprofit Stand Up! For Democracy in DC (Free DC) which was founded in 1997. Hicks is a supporter and advocate of the African American Civil War Memorial Museum and is well known for providing 35 years of service to the DC Public Libraries Black Studies Department, including work in the Southwest Library. He is also

founder of Bread for the Soul, an HIV/AIDS organization which provides toys and books to children for Christmas who have been diagnosed with HIV/AIDS and living with the disease. Bread for the Soul has raised thousands of dollars and gifts for more than twenty years with a focus on needy families in the Southwest community. Hicks represents Ward 6 on the DC Commission on Aging and is Vice Chairman of Waterside Tower Tennis Club.

Hicks is the Founder and Director of the DC Black History Celebration Committee which celebrates black history year-round. The free-of-charge events created by Hicks for February as well as other times of the year have helped thousands of DC residents celebrate and learn more about African American history. A city-wide calendar of these events is published, promoted and distributed by volunteers.

Congratulations to Adams and Hicks on this prestigious recognition and thank you for your impact on our community and city.

Op-Ed: The Beauty of Stepping Out of Your Comfort Zone

BY DEREK TAWIAH

This year has been exciting for me, as I have had the opportunity to experience a long list of "firsts." This list includes living out of state, interning in city government and being in a place of worship for the first time in years. Never in my life have I been surrounded by so many tough and beautiful souls at once in one location.

The Thelma D. Jones Breast Cancer Fund's 9th Anniversary Celebration in honor of her breast cancer support group was an opportunity to be in an unfamiliar but comforting environment. As I listened to the many stories of survival, pain, perseverance, the growth and wisdom that came out of their grueling ordeal was an eye-opening experience. The message that I received from their tales was there are so many ups and downs in life and that your perspective on life is forced to change.



Westminster Presbyterian Church Co-Pastor Rev. Ruth Hamilton's story of her reaction to being diagnosed with breast cancer was especially touching to me. The news did not shake or break her spirit as she came to grips about the road ahead. Exposure to her mindset was inspiring and helped me realize that I could apply that approach to multiple aspects of life.

Just because life brings you lemons when you were expecting strawberries and roses, does not mean you cannot turn those lemons into lemonade. The most difficult part of that analogy is the practical side of it. How can one change their mindset into embracing that positivity? It is all about realizing that your journey and your struggles are not all about yourself, which was a powerful message delivered by guest speaker Jacqueline Beale, a two-time breast cancer survivor and staunch cancer advocate. It

See "Comfort Zone" page 10

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SW GARDENS Work Days

SW Main Garden

1098 Delaware Ave SW in Lansburgh Park
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Christ United Methodist Church Garden

900 4th St SW

Thursdays, 5:30-7:30pm & Sundays, 11:30am-1:30pm

Help us with watering, weeding & harvesting. All ages welcomed. We accept food scraps (veggies, fruits & eggs only) during our main garden hours.

For more info, email swgardensdc@gmail.com.



Photo by Perry Klein

A statue of Neil Armstrong's Apollo 11 spacesuit is unveiled at Nationals Park. (left to right): Gregory McCarthy, Senior Vice President, Community Engagement, Washington Nationals; Dr. Ellen Stofan, John and Adrienne Mars Director, National Air and Space Museum; Allan Holt, The Hillside Foundation; Mark D. Lerner, Managing Principal Owner, Washington Nationals.

Ways to Enjoy the 50th Anniversary of the Moon Landing

BY SHEILA WICKOUSKI

Want a great way to celebrate the 50th anniversary of the first moon landing? If the answer is "yes," then check out the five-day celebration at The National Air and Space Museum, and these other events around town.

From July 16, exactly 50 years from the launch of Apollo 11, to July 20, the day Neil Armstrong and Buzz Aldrin took the first steps on the moon, visitors can relive this momentous milestone through a variety of educational and commemorative activities.

Armstrong's Apollo 11 spacesuit will be shown in a state-of-the-art display case on July 16 for the first time in 13 years. It will be temporarily displayed near the 1903 Wright Flyer at the Air and Space Museum until it is relocated to the "Destination Moon" exhibition, to be completed in 2022.

On Wednesday, July 17, enjoy "Ready Jet Go!," the award-winning animated space-themed PBS KIDS series, which will play at the museum's Lockheed Martin IMAX theater at 5 p.m., followed by a live music performance. After the shows, there will be games and a meet and greet with Jet, the series star, and NASA experts.

On Thursday, July 18, catch "One Giant Leap: Space Diplomacy Past, Present, Future," a museum program in partnership with the U.S. State Department and the George Washington University, which will be held at the university's Lisner Auditorium. The panel will include Michael Collins, Apollo 11 astronaut and former Assistant Secretary of State for Public Affairs; Ellen Stofan, John and Adrienne Mars Director of the National Air and Space Museum; and Charles Bolden, U.S. Science Envoy for Space and former NASA Administrator; and will be moderated by Teasel Muir-Harmony, Apollo Curator at the museum. The event will be free and tickets are currently available.

On Friday, July 19, see "Discover the Moon Day!" where Air and Space Museum visitors can interact one-on-one with museum scientists and historians to learn about lunar exploration through high-res-

olution images from the Lunar Reconnaissance Orbiter, the moon in 3-D and more. Visitors can also start at the lunar module and "retrace" the astronauts' steps, visiting stations along a route approximately equivalent to the distances the astronauts walked.

On Saturday, July 20, the museum will feature activities to celebrate the anniversary of the first steps on the moon, that will culminate at the exact time (10:56 p.m. ET) the steps were taken. The museum will remain open until 2 a.m.

For more information about all of the museum's Apollo anniversary plans and Apollo historical content, visit <https://airandspace.si.edu/apollo50>.

In addition, the National Air and Space Museum and the Washington Nationals will host "Apollo Night" on July 5 with Apollo activities, stargazing and a limited distribution of an exclusive Apollo at the Park T-shirt.

Also, in celebration of the event, the National Gallery of Art will exhibit around 50 lunar photographs in "By the Light of the Silvery Moon: A Century of Lunar Photographs" (July 14, 2019 to January 5, 2020). Highlights include: Warren de la Rue's late 1850s glass stereograph of the full moon; a suite of Charles Le Morvan's photogravures from Carte photographique et systematique de la lune, which attempted to systematically map the entire visible lunar surface; glass stereographs of close-up views of three-inch-square areas of the lunar surface taken on the moon by Neil Armstrong and Buzz Aldrin; and iconic NASA and press photographs of the astronauts that were disseminated widely in the wake of the mission's success.

On Saturday, July 20, the National Gallery of Art will also present Philip Kaufman's "The Right Stuff" at 11 p.m.; and "Cycles, Tides, and Rhythms: The Moon on Film" at 3 p.m. (an eclectic international program of vintage and contemporary shorts with the moon as inspiration). On Sunday July 21, at 4:30 p.m., the museum will feature a digital restoration of Nicolas Roeg's "The Man Who Fell to Earth."



◆ WATERFRONT ◆
VILLAGE

Navigating Together

The Southwest Waterfront and Navy Yard are the newest areas of Washington to enjoy the benefits of a senior village:

Staff, volunteers, and vendors referred by your neighbors to help residents 62 years of age and older who wish to remain in their homes to do so with dignity and in the most cost-effective manner possible:

- Telephone check-ins
- Social and educational events
- Grocery, bank, and post office shuttle
- Day trips
- Transportation to medical appointments
- Basic handyman help

Learn where you can attend a Village public meeting or support its work as a volunteer or donor* by calling 202-656-1834 or visiting our website: www.dcwaterfrontvillage.org

* Waterfront Village receives neither District nor Federal public funds. We are a local, neighborhood 501(c)(3) organization wholly self-supported by membership dues and donations. Waterfront Village is a member of the national Village to Village network and operates under the auspices of the District Office on Aging.

SW Neighbor Guide

Check out the new online welcome guide for tips on having fun, staying connected, and getting involved in the neighborhood



HAVE FUN!

Take a look at the guide for five places worth a visit that you may not know about.

STAY CONNECTED!

Check out our list of useful information sources to keep up with events and local issues.



GET INVOLVED!

Join our active neighborhood! We share five ways you can get involved.



www.SWNeighborGuide.org



Brought to you by the Southwest
Neighborhood Assembly (SWNA)





KID'S CORNER

Each month check out the most recent issue of the paper for activities and games to help you discover SWDC! Have a suggestion? Email us: editor@thesouthwester.com. Check out next month's issue for the answers!

Can you spot the differences in the two scenes below?



1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

Answers from June 2019 issue

Differences: The balloons are on different sides of the room; there is a cake in place of a third present in the photo on the left; the hat is a different color blue in each photo; the polka dots are different colors in each photo; the confetti is different in each photo; the confetti is being held in a different hand in each photo.

Word Scramble: There are 95 words you can make from “baseball.”

WORD SEARCH: ROAR!

R	K	P	A	N	K	E	L	W	L	R	I	Q	T	B
Y	U	V	A	K	Z	M	Q	I	S	X	O	R	J	R
I	Y	A	R	L	U	D	S	V	O	B	I	A	R	O
Y	U	M	S	G	A	S	G	F	E	C	U	E	R	N
E	O	N	S	O	O	E	O	E	E	S	G	Z	O	T
N	R	D	I	F	N	R	O	R	X	U	T	O	T	O
A	I	S	J	T	R	I	A	N	C	Y	A	H	A	S
P	X	F	T	B	B	T	D	D	T	B	L	I	D	A
M	V	R	J	L	O	X	Y	C	Q	O	G	J	E	U
Z	D	W	M	P	S	T	O	N	E	R	L	A	R	R
J	O	D	S	X	H	Q	T	W	C	D	T	O	P	U
O	S	U	R	U	A	S	O	G	E	T	S	E	G	S
J	U	R	A	S	S	I	C	P	E	R	I	O	D	Y
Q	A	S	H	W	W	N	Y	A	M	X	J	D	D	G
Q	Y	C	D	U	B	K	T	Q	W	F	Y	L	J	D

BRONTOSAURUS
DINOSAUR
FERN
FOSSIL
JURASSIC PERIOD

PALAEONTOLOGY
PREDATOR
ROAR
STEGOSAURUS
STONE

Word scramble!

How many words can you make from DINOSAUR?

[illegible]

Dinos Roam at Museum of Natural History

BY SHEILA WICKOUSKI

On July 16, 1969, the spaceship Apollo 11 landed on the moon with Neil Armstrong, Michael Collins and Buzz Aldrin. The journey had taken 4 days, 6 hours and 45 minutes to get there from earth.

While people who are alive today may one day have the possibility of going further into space, even to land on other planets, there is one trip we can never take in real life: going back 4.5 billion years when it all started with the formation of the earth.

To see what it might have been like, take a journey to the Smithsonian National Museum of Natural History's reopening of its Fossil Hall.

The exhibit, "Deep Time," starts with



Photos Courtesy of Smithsonian Institution

Take a journey through time at the Museum of Natural History.

the present and moves back in time. It does not just display dinosaur bones, it explains what might have led to their evolution and their extinction.

There are some show-stopping moments because these dinosaurs are doing more than just posing. A *tyrannosaurus rex*, known as "The Nation's T-Rex," has pounced on a *triceratops*, dubbed Hatcher, which it has either killed or found dead to eat. A gigantic *diplodocus* stretches its

neck across the width of the gallery and a nearby *camarasaurus* nobbles on fake trees. Behind them are two more Jurassic dinosaurs, *ceratosaurus* and *stegosaurus*, engaged in a fatal combat.

From the Triassic period, around 220 million years ago, there is a *pterosaur*, or winged reptile, as well as a diversity of life that emerged from the oceans. With over 700 remains, there are also small fossils of insects and plants.

As exciting as these moments are, there is more to explore, more fossils to touch, and a real-life fossil lab to observe paleontologists at work.

"Deep Time" will answer a lot of questions, but it also poses one to its visitors, who will wonder about how much faster the rate of extinction of species is in our own lifetime.

Like a trip to the moon, it doesn't end here, as there is so much more to explore and discover.

BONE UP ON YOUR FOSSILS

What do their names mean?

tyrannosaurus rex: tyrant lizard king

triceratops: three-horned face

diplodocus: "double beam" dinosaur

camarasaurus: chambered lizard

ceratosaurus: horn lizard

stegosaurus: "roof" lizard

pterosaur: winged lizard

Sign up for Summer Reading Program and Win Nats Tickets

BY GEORGINE WALLACE

The Southwest Library may be closed but don't let that stop you from participating in a great DC summer tradition that the whole family can enjoy.

The Summer Challenge (a.k.a. the Summer Reading Program), sponsored by the DC Public Library, started on June 1 and ends August 31. The program is open to everyone, newborn to adult.

Participation is easy. Sign up at www.dclibrary.org/summerchallenge and create an account. If you participated last year, you can use that account. Follow the screen prompts to log the days on which you have read 20 minutes. If you have a child under five, you can perform an activity (dclibrary.org/star) to obtain credit for that day.

The program is intended to stop the summer slide in reading proficiency among school age children. The program was expanded to include younger children and adults in order to make it a family event. Adults without children are encouraged to participate as well.

Prizes will be available on the 20th of each month. Adults can win a certificate for two tickets to a Nationals 2019 game in July and be eligible for great prizes in August. Children will receive a Nationals t-shirt. Happy reading!

Photo Contest Winner: Jason Kopp



Southwest in June, after a late afternoon rain storm.

IMPACT DAY

Continued from p. 3

Council presented him with a framed letter of thanks and wished him well on his new position as CEO.

This demonstration of sincere community service would not have seen the light of day if not for longtime Southwest resident Josh Hedrington. His suggestion to do something encouraging for a community in Southwest that lacked the resources to beautify its environment was supported by other likeminded residents. One of those likeminded residents is Ms. Taylor, who decided it was a suggestion worth bringing to fruition. In the truest sense of community service, collaboration was formed among residents who

might not have worked together outside of our respective neighborhoods.

Southwest is unique—a city within a city. It is amazing to witness how the idea of one person can lead to the constructive interactions of many. Many thanks to SWNA for its support on this community project, which exemplifies the reason for which SWNA was formed over 50 years ago. SWNA continues to be the community service conduit for outreach in Southwest by way of its various task forces. The Greenleaf Gardens Resident Council thanks all who assisted in this project and wishes everyone a safe and fun summer. The resident council welcomes the community to come by during summer hours of 1 p.m. to 4 p.m. Monday through Friday to view the mural inside, and anytime to take a look at the beautiful flowers!

picnic in the Park



The SWNA Parks and Open Space Task Force invites you to join **PAWS of Southwest** and the **SW Community Gardens** for a picnic in **Lansburgh Park**. Bring your blankets, chairs, snacks, and drinks to enjoy one of our community's hidden gems with your SW neighbors! Light refreshments will be provided.



Friday, July 19th
6-9 pm




“★★★★★...Michael Urie's Hamlet is explosive.” -DC Theatre Scene

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Photo of Michael Urie by Tony Powell.

Community Partnership Offers Training for Construction Jobs

BY CAROLINE CRAWFORD,
ASSISTANT DEVELOPMENT MANAGER,
P.N. HOFFMAN

In anticipation of Phase Two construction of The Wharf, Hoffman Madison Waterfront (HMW) continues to work with Building Futures, the DC Housing Authority (DCHA) and Court Services & Offender Supervision Agency (CSOSA) to provide employment opportunities for DC residents. Through this partnership, 31 low-income DC residents and returning citizens have previously been hired for construction jobs and apprenticeships at The Wharf. Building Futures is a results-based program of The Community Services Agency of the Metropolitan Washington Council, AFL-CIO, that serves disadvantaged DC residents who face obstacles to employment. Historically, approximately 75% of the students are returning citizens and 20% are referred by DCHA.

Building Futures' pre-apprenticeship training combines hands on construction skills training with construction math, blueprint reading, resume writing, interviewing skills, on the job relationship-building, time management, orientation to the construction industry and apprenticeships. Building Futures also provides case management and job placement to its graduates.

Building Futures graduates often have personal, economic and professional obstacles that have kept them out of productive career pathways. Over the course of the training, Building Futures staff works with students individually to overcome these obstacles while students learn essential construction industry skills. The Wharf will support the Building Futures program over the next three years, as part of a \$1 million com-

mitment to the District for Workforce Intermediary Programs. The funds will provide critical stipends for students, increased retention support for graduates and required equipment and supplies such as work boots.

"I think it's fantastic that in just six-weeks of training we can connect DC residents to opportunities they didn't even know existed, and in many cases help prepare them for what can be a new life-long career in construction," said Sylvia Casaro, Client Service Coordinator for Building Futures. Casaro tells the story of her most recent DCHA recruit, a woman with some office background, but no construction experience. This Spring, the woman successfully graduated from Building Futures and was hired right away into a one-year carpentry apprenticeship program.

Through the efforts of Brian Harris, Director of Resident Services for DCHA, Building Futures and The Wharf's community partners, a recent information session at the Southwest Family Enhancement and Career Center drew about 25 interested candidates.

"This program partners so well with DCHA's Workforce Development Initiative by providing not only training and well-paying jobs, but encouragement to DCHA customers. Their skills can be utilized on The Wharf project and will have a positive economic impact on their families," said DCHA Executive Director Tyrone Garrett.

The next information session will be in July at the Southwest Family Enhancement and Career Center at 203 N St., SW. Please check with the Family Enhancement Center for the date, which will be determined soon. Interested individuals should also reach out to Sylvia Casaro, at 202-974-8223 or scasaro@dclabor.org for more information.

COMFORT ZONE

Continued from p. 5

encompasses the souls, hearts, and minds of the people around you. The beauty of realizing your mortality sooner than expected is that it forces you to appreciate the here and the now.

Founded in 2012, the Thelma D. Jones Breast Cancer Fund's mission is to advocate and improve the overall health and wellness for women and men through outreach, education and prevention. The group promotes early detection strategies for breast health and access to the best biomedical and evidence-based comple-

mentary therapies to reduce the incidences and mortality rates of breast cancer. The TDJBCF's vision is to save lives and embrace and achieve a world community free of breast cancer. The TDJBCF Support Group, the signature program of the Thelma D. Jones Breast Cancer Fund, was established in 2010 and meets monthly on the third Wednesdays. For more on the TDJBCF or its support group, visit www.tdjbreastcancerfund.org.

Derek Tawiah is a recent graduate of SUNY Albany, NY with a BA in Political Science, a concentration on global affairs and a minor in international relations.



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And Then There's the Music...

BY WILMA GOLDSTEIN

Westminster Church at 4th & I St., SW works at living its motto, "Not Just A Church." Services on Sunday are open to anyone of any faith, even the atheists and agnostics among us. Pam Wilson conducts seated yoga there several times a week, young mothers can come and learn about child care, and Food and Friends, the organization that delivered meals to AIDS patients who were confined to home, began in Westminster's kitchen. Everyone who walks through the door is warmly welcomed; no one ever needs to leave hungry. And then there's the music!

Several years ago, after I retired and was still living in Virginia, I knew I had to make some lifestyle changes. Friends were encouraging me to leave the area and one day it dawned on me that I could neither leave nor replace the Westminster music programs or my fellow jazz "fiends." For someone who

loved cities, I had been in the burbs long enough. I moved into what is now known as Modern on M at 6th and Maine. My life became everything I had hoped it would be after I left the nine-to-five world, now that I was living in a small, friendly community with an active, involved life and whatever I needed, including Westminster, no more than two blocks away. It was the best decision I ever made.

The church is well known for its live music programs and has access to a roster of hundreds of local musicians who enjoy playing at Jazz Night on Friday evenings, church services on Sunday mornings and the Blue Monday Blues on Monday nights. The jazz program celebrated its 20th anniversary this past January and I've enjoyed listening for 17 of those years.

The two live music programs have similar formats. Five bucks gets you

See "Music," page 15

"Deeply affectionate...clever tribute"
— USA Today

"Frank, funny and warm"
— New York Times

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Photo of Jayne Atkinson by David Dashiell.
Courtesy of WAM Theatre.

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as Ann Richards

70TH ANNIVERSARY SEASON
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Photo by Ryan Maxwell.

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COMMUNITY CALENDAR

JULY

SAT 6, 10:30 A.M.-Noon. Komen Toastmasters. Looking to develop speaking and leadership skills? Komen Toastmasters meets on the 1st & 3rd Saturday of each month. Visitors welcome. Westminster Presbyterian Church, I & 4th St., SW

FRI 5, 6:30 P.M. Game Night. First Friday of every month. St. Augustine’s Episcopal Church, 555 Water St., SW, 202-554-3222, www.staugustinesdc.org

SAT 6, 1-2:30 P.M. Yoga Nidra. Meditate, Chant, Breathe, and Relax deeply with Yoga Nidra, led by Pamela Wilson. Move toward healing your Mind, Body and Spirit. Bring a mat and light covering. \$10 donation suggested. Westminster Presbyterian Church

SAT 6, 11A.M.-12:30 P.M. Learn to Meditate w/ Malik Johnson-Williams also 2 P.M. Peace of Mind Half-Day Retreat w/Andy Smith & Chris Sheppard. Kadampa Meditation Center

FRI 12, 7 P.M.-8:30 P.M. Friday Night Lecture: Silencing the Inner Critic w/Andy Smith. Meditation Center@meditation-dc.org. 202-430-6540

SAT 13, 7-9 P.M. Faith & Film presents: The Hate U Give. Drama/Thriller. Starr Carter is constantly switching between two worlds: the poor, mostly black, neighborhood where she lives and the rich, mostly white, prep school she attends. The uneasy balance between these worlds is shattered when Starr witnesses the fatal shooting of her childhood best friend Khalil at the hands of a police officer. Subtitles for the hearing impaired. Refreshments served. Donations accepted. Westminster Presbyterian Church

SUN 14, 3-5:30 P.M. Inner Peace: Happiness from a Different Source w/Amy Buttell. Kadampa Meditation Center@meditation-dc.org

MON 15, 7 P.M. ANC 6D Monthly Business Meeting. 1100 4th St., SW, 2nd Floor. www.anc6d.org

WED 17, 6 P.M. Thelma D. Jones Breast Cancer Fund Support Group Meeting. Smith Center for Healing and Arts, 1632 U St., NW. For more information, email thelma@tdjbreastcancerfund.org or call 202-251-1639

Fri 19, 6-9 P.M. Picnic in the Park at Lansburgh. Looking for something to do when the SW Night Arts Market is on an off-week? The SWNA Parks and Open Space Task Force welcomes neighbors to picnic in Lansburgh Park with our friends at the SW Community Gardens and PAWS of Southwest (the group who brought us the Lansburgh Dog Park). Bring your blankets, chairs, snacks and drinks to enjoy one of our community’s hidden gems! Free.

SAT 20, 10:30 A.M.-Noon. Komen Toastmasters. Komen Toastmasters meets on the 1st & 3rd Saturday of each month. Visitors welcome. Westminster Presbyterian Church, I & 4th St., SW

SUN. 21, 3-5 P.M. Overcoming Anger w/Tracy Meehleib. Kadampa Meditation Center@meditation-dc.org.

THURS 25, 6:45 P.M. ABC Committee, ANC6D. Alcohol license applications, renewals, enforcement and other issues. To be added to e-mail list for agenda & notifications contact Coralie Farlee, Chair, ABC Committee, 202-554-4407, cfarlee@mindspring.com. Harbor Patrol, 550 Water St., SW

WEEKLY, BIWEEKLY

10U FLAG FOOTBALL, Mondays-Fridays, 6-9 P.M., Ages 9-12, David Freeman, Randall Recreation Center

12U FLAG FOOTBALL, Mondays-Fridays, 6-9 P.M., Ages 11-12, David Freeman, Randall Recreation Center

ADULT BEGINNER TENNIS, Thursdays and Fridays, 6:30-8:30 P.M., All Ages, Randall Recreation Center

ADULT BEGINNER TENNIS, Saturdays, 1-2 P.M. Ages 18+, King Greenleaf Recreation Center

ADULT INTERMEDIATE TENNIS, Tuesdays, 5:30-6:30 P.M., Randall Recreation Center

ALZHEIMER’S ASSN CAREGIVER SUPPORT GROUP, 2nd Tuesdays of the month, 10:30-11:30 A.M. Free and open to the Public. Faith Presbyterian Church, 4161 S. Capitol St. SW

ALZHEIMER’S ASSN CAREGIVER SUPPORT GROUP, 4th Thursdays of the month, 11 A.M.-Noon, Free and open to the Public. St. Matthew’s Lutheran Church, 222 M St., SW

ARTS FOR KIDS, Tuesdays 5-6 P.M. Ages 6-12, Michelle Edmonds, King Greenleaf Recreation Center

BALLET, Saturdays, 10:15-11:15 A.M. Ages 6-12, Alexis Miller & Jilian Carter, Randall Recreation Center

BALLET, Saturdays, 11:15 A.M-12:15 P.M. Ages 3-5, Alexis Miller & Jilian Carter, Randall Recreation Center

BASKETBALL, Ages 5-6 on Tues. & Thurs., 5-6 P.M.; Ages 7-8 on Thurs. & Fri., 6-7 P.M.; Ages 9-10 on Tues. & Thurs., 7-8 P.M.; Ages 11-12 on Tues. & Fri., 7-8 P.M.; Ages 13-14 on Fri., 8-9 P.M. All at King Greenleaf Recreation Center

BIBLE STUDIES, Thursdays, 12:30-1:30 P.M. St. Augustine’s Episcopal Church

BLUES ALLEY SUMMER JAZZ CAMP FOR YOUTH, July 8-19. St. Augustine’s Episcopal Church, 555 Water St., SW. www.staugustinesdc.org

BLUES MONDAYS, 6-9 P.M. Various Blues musicians and singers featured each Monday. \$5 cover and food for sale. Schedule at www.westminsterdc.org/blues.html, Westminster Presbyterian Church

BREAD FOR LIFE, Sundays, 8-8:45 A.M. Free Breakfast, Hot Breakfast of eggs, pancakes, sausage, biscuits, juice and coffee. Seeking Volunteers to help cook, serve and set-up. Contact: chee-cheemathis@staugustinesdc.org. St. Augustine’s Episcopal Church Community Room

CAPITAL FRINGE THEATER PRODUCTIONS, July 9-28. See schedule line-up and prices online. St. Augustine’s Episcopal Church and Westminster Presbyterian Church, www.staugustinesdc.org and <https://www.westminsterdc.org/church-calendar.html>

CENTERING PRAYER, Thursdays, 11:45 A.M. St. Augustine’s Episcopal Church

COMMUNITY BREAKFAST, Every 3rd Saturday, 9-11 A.M. Rear entrance of Christ United Methodist Church, 900 4th St. SW, across from SW Library. \$5 donation

COOKING LEVEL 1, Wednesdays, 5:30-7 P.M. (Boys) Ages: 8-13, Safiyyah Aleem-Woods, King Greenleaf Recreation Center

DOMESTIC VIOLENCE WALK-IN CLINIC, Wednesdays, 1-4 P.M. Westminster Presbyterian Church

The DC DRAGON BOAT CLUB (DCDBC) will be hosting beginners practice **every Saturday** unless we are racing that weekend. Please register on Meetup and before your first practice, remember to complete the waivers. (1) Sign Up on MeetUp <https://www.meetup.com/Dragon-Boat-Club> 2) Complete our waivers on dcdragonboat.org

EVENING PRAYER, Tuesdays, 6:30 P.M. St. Augustine’s Episcopal Church

FEDERAL CITY RUNNERS TUESDAY NIGHT GROUP RUN, Tuesdays, 6:30 P.M. Meet by Waterfront Metro exit (near Safeway). Run distance: 4-5 miles. Runners of all paces welcome! Run year-round in rain, snow, or shine. RSVP at www.meetup.com/fcrunners to receive run updates or just show up!

FITNESS BOOTCAMP, Mondays and Wednesdays, 5-6 P.M., Ages 7-12, Randall Recreation Center

FITNESS BOOTCAMP, Mondays and Wednesdays, 6-7 P.M. Ages 18+, King Greenleaf Recreation Center

FITNESS BOOTCAMP, Wednesdays and Fridays, 6:30-7:30 P.M. Ages 18+, Randall Recreation Center

FLAG FOOTBALL, Thursdays, 6-7 P.M. Ages 14U, Nathaniel Green, King Greenleaf Recreation Center

FOOTBALL 8 U, Mondays, Wednesdays and Fridays, 6-7 P.M. Ages 7-8, Ronald Hines, King Greenleaf Recreation Center

FREE DCROW hosts Rows for seniors every 4th Friday and **The Heroes Row (for vets, active duty military and first responders) every 3rd Saturday.** More info: <https://www.dcrow.co>

FRIDAY NIGHT FISHING, 5:30-8:30 P.M. Free event for kids and families, and fisher-folks young and old! At the docks at Diamond Teague Park (in SE across from the baseball stadium)

GOTTA SWING LINDY HOP & JITTERBUG CLASSES, Wednesdays 7-8:30 P.M. Westminster Presbyterian Church

HAND DANCING, Saturdays, 1-3:30 P.M. Ages 18+, King Greenleaf Recreation Center

JAZZ NIGHT IN SW, Fridays, 6-9 P.M. Various Jazz musicians and singers featured each Friday. \$5. Food for sale. Schedule at www.westminsterdc.org/jazz.html. Westminster Presbyterian Church

JOB SEEKING ASSISTANCE, resume writing, mock interviews, and other job assistance. All are welcome. For more info call D.C. Mentoring and Assistance Program (D.C. MAAp) at 202-816-8572 or email wearedcmaap@gmail.com

JUNIOR BEGINNER TENNIS, Mondays, Wednesday and Friday, 3:30 P.M.-5:30 P.M. All ages. Randall Recreation Center

JUNIOR BALLET, Monday-Fridays, 3:30-4:30 P.M., Ages 6-13, Shaunte Anthony, Randall Recreation Center

KEYS TO FREEDOM N/A Group, Tuesdays, Noon-1 P.M. St. Augustine’s Episcopal Church

The KIWANIS CLUB OF SOUTHWEST WATERFRONT, every first and third Monday, 6:30-7:30 P.M. Christ United Methodist Church

KOMEN TOASTMASTERS INTERNATIONAL meets every 1st and 3rd Saturday, 10:30 A.M.-Noon. All are welcome. Details at: <https://www.toastmasters.org/Find-a-Club/00008714-00008714>, Westminster Presbyterian Church

MACHINE PITCH, Monday and Wednesdays, 6-7 P.M., Ages 6-13, King Greenleaf Recreation Center

NARCOTICS ANONYMOUS, Wednesdays, 7-8 P.M. Westminster Presbyterian Church

PANCAKE BREAKFAST, Sundays 8-8:45 A.M. St. Augustine’s Episcopal Church .

PICKLE BALL, Tuesdays, 10:30 A.M.-1 P.M. Ages 55+, King Greenleaf Recreation Center

PRESCHOOL STORY TIME, 10:30 A.M. Mon. July 1st, 8th, 15th, 22nd and 29th. Held at Politics and Prose at The Wharf

PRESCHOOL STORY TIME, 10:30 A.M. July 3rd, 10th, 17th, 24th and 31st. Held at blue pavilion adjacent to Waterfront Metro station

SEATED YOGA TWICE A WEEK, Mondays, 11 A.M-Noon and Wednesdays, 4-5 P.M. Pamela Wilson guides a gentle series of movements designed to free the joints and ease the mind. This is part of Westminster’s Wellness program. Westminster Presbyterian Church

SENIOR BINGO, Mondays and Thursdays, 1-3 P.M. Ages 55+, Lykeyia Lucas, King Greenleaf Recreation Center

SOUTHWEST RENEWAL A/A Group, Wednesdays, 7 P.M. St. Augustine’s Episcopal Church

ST. AUGUSTINE’S EPISCOPAL CHURCH, Sundays, Bread For Life Pancake Breakfast 8-8:45 A.M., 9:30 A.M. Worship Service, Holy Eucharist and Sunday School, 202-554-3222. 555 Water St., SW

SUPREME TEENS, Mondays, 6:30-7:30 P.M. Ages 13-19, King Greenleaf Recreation Center

SUPREME TEENS, Wednesdays, 4-6 P.M. Ages 13-18, Randall Recreation Center

SW FREEWAY, NA, Wednesdays, 7-8 P.M. Westminster Presbyterian Church

SW WATERFRONT HOOKS AND NEEDLES GROUP, Mondays 2-4 P.M. Velo Café at District Bike & Hardware at The Wharf. All fiber crafters welcome

SWING DANCE CLASSES, Wednesdays, 7-9:30 P.M. Westminster Presbyterian Church

TEE BALL, Tuesdays and Thursdays, 5-6 P.M., Ages 3-6, Chamia Day, Randall Recreation Center

TEE BALL, Tuesdays and Thursdays, 5-7 P.M., Ages 3-6, Nathaniel Green, King Greenleaf Recreation Center

TENNIS ABC-Agility, Balance, Coordination, Mondays and Wednesdays, 1-2 P.M. All ages. King Greenleaf Recreation Center

View our on-line calendar at www.swna.org

Submit Calendar events to calendar@thesouthwester.com by the 15th of the month preceding the month it is scheduled.

CALENDAR

Continued from p. 14

TENNIS ADULT BEGINNER, Saturday, 1-2 P.M.
Ages 18+, King Greenleaf Recreation Center

TINY TOTS NEED RECREATION TOO, Thursdays & Fridays, 10:30-11:30 A.M. Ages 1-3 years, Michelle Edmonds, King Greenleaf Recreation Center

TINY TOTS SOCCER, Saturdays, 11 A.M.-Noon, Ages 5-13, Randall Recreation Center

TINY TOTS TENNIS, Mondays & Wednesdays, 4-5 P.M. Ages 3-5, King Greenleaf Recreation Center

TINY TOT TENNIS, Mondays, 4-5 P.M. Ages 18+, Randall Recreation Center

TTNRT! Tuesdays & Thursdays, 10:30 A.M.-11:30 A.M., Karennia Houser-Hall, Randall Recreation Center

VOLLEYBALL, Tuesdays, 5:30-7 P.M. Ages 10-14, Safiyyah Aleem-Woods, King Greenleaf Recreation Center

WASHINGTON STAMP COLLECTOR'S CLUB, 1st and 3rd Wednesday each month, 7-9 P.M. Buy, trade and sell stamps. Refreshments provided. Christ United Methodist Church

WATERCOLOR PAINTING, Tuesdays and

Thursdays, 5:30-7:30 P.M. Ages 18+, Elin Whitney-Smith, Randall Recreation Center

WESTMINSTER PRESBYTERIAN CHURCH, Sundays, 10 A.M. Hot Breakfast Served.

Free will donations accepted. All welcome. **10 A.M.-12:15 P.M. Pop-Up Bakery,** Homemade Breads and Assorted Pastries. **10-10:45 A.M. Resistance Bible Study. 11 A.M. Worship Service and Godly Play** for children ages 4-10

YOGA IN THE WATER: ALL-LEVELS CLASS, Tuesdays and Thursdays, 9:30-10:30 A.M. and Sundays, 12:30-1:30 P.M. with Pamela Wilson at Waterside Fitness and Swim Club, 901 6th St., SW. \$10 for class/day pass. For more information, call Waterside Fitness and Swim Club

YOUNG LADIES ON THE RISE, Thursdays, 5:30-7 P.M. Ages 6-14, Michelle Edmonds, Game/Art Room at King Greenleaf Recreation Center

ZUMBA, Mondays-Friday, 6-9 P.M. Ages 7-8, David Freeman, Randall Recreation Center

MUSIC

Continued from p. 12

in the door, you save yourself a seat, slip downstairs to get dinner, which could be what many have said is the best fried whiting in town, bring your food upstairs by 6 p.m. when the music starts, and listen while a different band each week plays three sets of jazz or blues. During Monday Blues, you can dance in the back of the room. The jazz crowd is a bit quieter, but on both evenings there is cheering, loud applause and standing ovations. DC musicians ask to play at Westminster because of the enthusiastic audiences.

Nine years ago a group of musicians and Westminster audience members came to Rev. Brian Hamilton, founder of the church music programs, and former Redskin and singer extraordinaire, Dick Smith, who manages Jazz Night and serves as its MC, to explain what all the noise was in the back of the room during the set breaks. Audience members wanted to know more about the music than they could get from listening. So, continuing the practice Brian and Dick have followed with all these programs—“if we build it, they will come”—Thinking About Jazz (TAJ) was born one Saturday morning with a small circle of people

sitting around a piano-playing professor who came to talk about jazz.

Today TAJ is a three-part program with a planning board, and a fairly consistent and committed audience. On the last Friday of every other month at Jazz Night, the band plays a tribute to the

TAJ featured artist and on Saturday a presentation is made by a jazz historian, biographer, local radio DJ and sometimes our musicians themselves, solo or in a panel, on the lives and challenges of being an American jazz musician. The presentations include vintage film footage of the subject as well as snippets of their music. The audience is encouraged to arrive at 12:30 p.m., where they receive a warm welcome, a research packet on the artist of the day, a ticket for the door prize drawing, and an evaluation form, and they can then wander over to the buffet for a light lunch, with the presentation beginning at 1 p.m. It is all free. After the presentation there is a Q&A period followed by a drawing for door prizes. Activities are over by 3 p.m. Then during the next month after a Friday evening of jazz, there is either a documentary on our featured artist or perhaps a film shown in which they appeared.

Additional information can be found at www.westminster.org.

OVATION
Eye Institute.

- Cosmetic**

 - Upper Blepharoplasty
 - Lower Blepharoplasty
 - Brow Lift
 - Midface Lift
 - Wrinkles (BOTOX, Intradermal Fillers)
 - Latisse Eyelash Growth
- Reconstructive**

 - Blepharoptosis (Droopy Eyelid)
 - Ectropion / Entropion
 - Eyelid Trauma
 - Eyelid Tumors (Lumps, Bumps)
 - Thyroid Eye Disease
 - Tearing
 - Orbital Fractures
- Comprehensive Ophthalmology**

 - Dry Eye Syndrome
 - Refractive Error / Presbyopia
 - Diabetic Eye Exam
 - Glaucoma
 - Cataract
 - Ocular Surface Tumor
- Optical**

 - Licensed optician
 - In house Optical Lab
 - Unique Frames

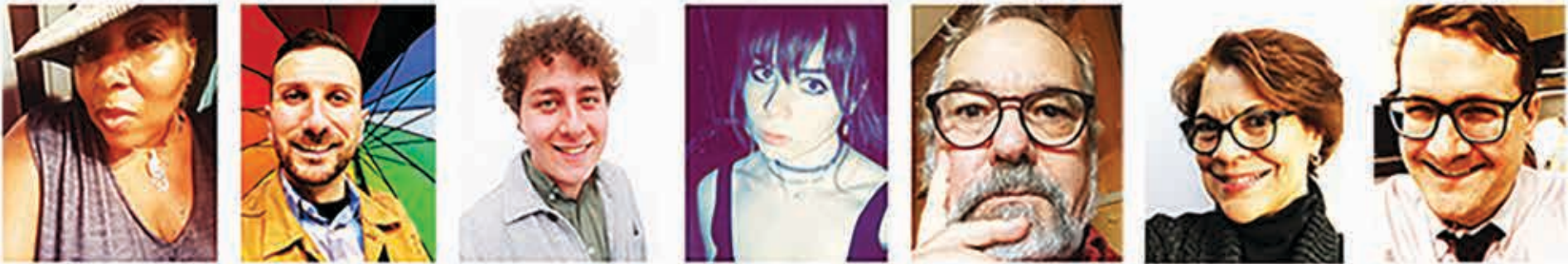
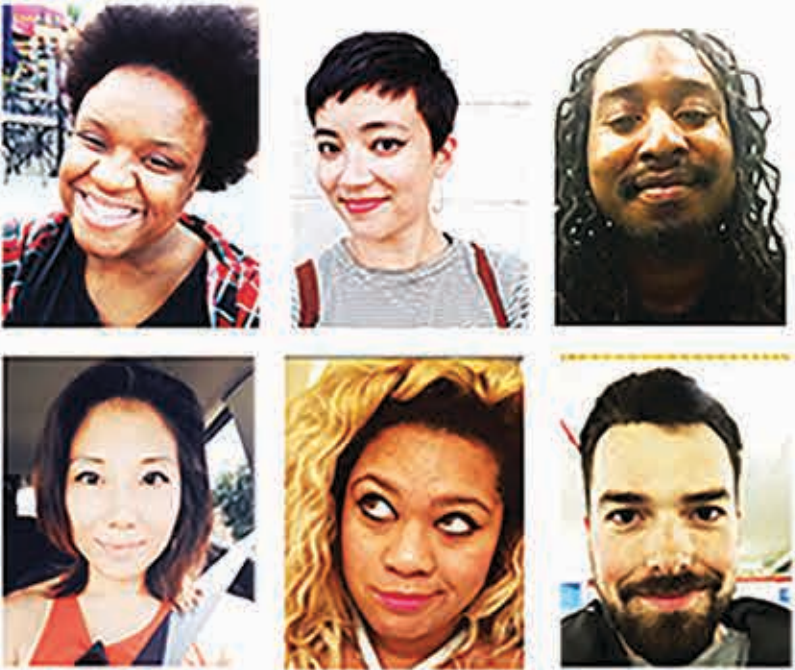


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