

## NATS FINISH THE FIGHT AS CHAMPS

BY MIKE GOODMAN

**B**ang! Zoom go the Nationals! Following a stellar close to the regular season, and a playoff run featuring strong Nationals pitching and productivity throughout the lineup, the Nationals finished the fight as World Series Champions. For the fifth time this postseason, the Nationals trailed in an elimination game but came back to win it. It took all seven games of the series to best the Houston

Astros, in Houston, in a 6-2 game.

"Guess what, we stayed in the fight. We won the fight!" said Nationals Manager, Dave Martinez.

Back in Navy Yard, the scene was electric. Stadium-watchers, bar-hoppers and residents poured into the streets cheering, as sharks young and old celebrated the neighborhood team bringing home the championship.

This team is full of young talent and veteran expertise. It has shed the instabil-

ity of the past, and morale is at an all-time high. There is a theme song, dancing in the dugout, one of the best rotations in baseball, and young stars at the plate who know how to hit for the situation. This season, the Nationals showed what it means to be a team, and every day their love for the game was evident.

We are proud of our neighborhood team. It is the best team in Major League Baseball. We can't wait to see what the future holds.

DISTRICT'S LARGEST  
INFRASTRUCTURE  
PROJECT EMPLOYING  
DISTRICT RESIDENTS

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Exploring Futuristic  
Dance Forms in Daito  
Manabe's *Lucid Motion*

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## An Interview with the Young Cast of Newsies

BY SHEILA WICKOUSKI

**N**ewsies is the story about kids who fought for what is right in the Newsboys' Strike of 1899 in New York City, when they took on two of the most powerful men in the country,

Joseph Pulitzer and William Randolph. And they won! This inspirational musical about dreams of a better life is at Arena Stage in time for the holidays from Nov. 1 to Dec. 22.

Director Molly Smith stated that, "today's young people fight passionately

for gun control and climate protection legislation in [a] new children's crusade... this is the right time for this story."

We asked some of the youngest members of the cast just what it was like to

See "Newsies" page 16



Photo by Rick Stewart

Representatives of Van Scoyoc Associates and Cornerstone Government Affairs participated in the first annual Good Neighbor Initiative event, benefiting Jefferson Middle School Academy.

## Van Scoyoc Associates and Cornerstone Government Affairs Team Up for Jefferson Middle School

### Part of both firms' new Good Neighbor Initiative

BY SOUTHWESTER STAFF

**O**n Oct. 8, Van Scoyoc Associates (VSA) partnered with Cornerstone Government Affairs (CGA) to host the first-ever District Wharf Charity Cornhole Tournament,

which raised \$5,000 to benefit local organizations in the area. Both firms are headquartered in Southwest, and this new initiative was spurred from their desire to give back to the community. This year Jefferson Middle School Acad-

emy (JMSA) was chosen as the recipient of the funds raised for the event. JMSA Principal Greg Dohmann attended the event to accept the contribution and thank the firms for their engagement

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TALL SHIP  
to Visit the Wharf

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TURNING THE PAGE  
BOOK BAZAAR COMES  
TO MARKET SW

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### Help Save Lives in the District by supporting The Thelma D. Jones Breast Cancer Fund

Donations support outreach and education strategies for young girls and link low-income, uninsured and underinsured women and men with information, screening diagnostic services and counseling. Donate on line at [www.tdjbreastcancerfund.org](http://www.tdjbreastcancerfund.org).

The Thelma D. Jones Breast Cancer Fund is an all-volunteer award-winning grassroots organization with local, national and global recognition. Our mission is to advocate and improve the overall health and wellness for women and men through outreach, education, and prevention. We promote early detection strategies for breast health and access to the best biomedical and evidence-based complementary therapies to reduce the incidences and mortality rates of breast cancer. Our vision is to save lives, embrace and achieve a world community free of breast cancer.

When donating by mail, please make check or money order payable to the Thelma D. Jones Breast Cancer Fund and mail to:

**Thelma D. Jones Breast Cancer Fund**  
400 "I" Street, SW  
Washington, DC 20024  
[thelma@tdjbreastcancerfund.org](mailto:thelma@tdjbreastcancerfund.org)  
[www.tdjbreastcancerfund.org](http://www.tdjbreastcancerfund.org)  
(202) 251-1639

# District's Largest Infrastructure Project Employing District Residents

BY LESLIE GREEN

The construction of the new Frederick Douglass Memorial Bridge, also known as the South Capitol Street Bridge, is the largest infrastructure project in the history of the District Department of Transportation (DDOT). In addition to increasing vehicular and pedestrian safety and improving transportation options and convenience, the significance of this new bridge for the nation's capital is that it is creating jobs for District residents.

This iconic project has a wide range of employment opportunities in design, engineering and other construction trades, ranging from pile driving to carpentry. The hiring process is unique in that it is governed by a Project Labor Agreement (PLA) in coordination with DDOT and C.H.O.I.C.E. (Community Hub for Opportunities in Construction Employment - Baltimore Washington Building Trades Unions). This agreement ensures that all workers, union and non-union, hired in any capacity on the bridge project enjoy the wages, benefits and safety provisions of a collectively bargained contract.

Since construction began in early 2018, six job fairs have been held around the city and more than 100 District residents, 71 of whom reside in Wards 6, 7 and 8, have been hired to work on the project. Nearly 20 more District residents have participated in the project's On-The-Job Training (OJT) Program, which provides training opportunities for women, minorities, and disadvantaged residents to increase their participation in every job classification in the highway construction industry.

Pauline Headley, a recent participant in the OJT Program from Congress Heights in Ward 8 stated, "While I've done construction work before, I never envisioned myself making a bridge. In the OJT Program every day I'm learning something new, I am getting mentoring and taking coursework that will help me forward my career in the construction industry. This project is tremendous for D.C. and it's a great opportunity for me to have this experience working on this historic bridge honoring Frederick Douglass."

In order for job seekers to be eligible for



Courtesy of Author

Pauline Headley at work on the Frederick Douglass Memorial Bridge

hiring, they must meet a list of minimum requirements depending on which trade job they are pursuing, ranging from an electrician to a cement or plaster mason. Most positions have a minimum requirement of having a high school diploma or General Education Diploma (GED) equivalent, being at least 18 years of age and having a driver's license.

"The Baltimore DC Building Trades, our affiliates and our members take great pride in working on these marquee projects in the District of Columbia. Our local unions' registered apprenticeship programs provide people with little or no experience in the construction industry the ability to enter into a viable career and earn while they learn. In addition, our registered apprenticeship programs are "multi-employer," so when the project is completed the apprentices can be sent to another one of our contractors' projects to continue their registered apprenticeship

training and continue earning family-sustaining wages and benefits," shares Stephen Courtien, Director of the Baltimore Washington Building Trades Unions.

The unions also offer paid apprenticeship programs for job seekers who need experience or may be uncertain about their interest in a particular trade. These apprenticeships offer a solid foundation for aspiring construction professionals who are seeking to work on the bridge.

The next job fair, which will be held in conjunction with the bridge project's community-based partners, will take place in December 2019. Job seekers are encouraged to visit <http://www.southcap-bridgeproject.com/trade> to learn how to become eligible for jobs on the bridge and to receive specific details on upcoming job fairs. For more information on the Frederick Douglass Memorial Bridge project, visit [www.newfrederickdouglass-bridge.com](http://www.newfrederickdouglass-bridge.com).

## The Southwester

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### Southwester Staff

Editor Emeritus: Dale MacIver

Editor-in-Chief: Mike Goodman

Editorial Staff: Matthew Koehler (Copy & Web); Maya Renee (Calendar)

Advertising: Beth Hall & Donna Purchase

Distribution: Perry Klein

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To contact the Southwest Neighborhood Assembly or *The Southwester*, call (202) 320-4414.

**Come one, come all! Union Stage and Port City Brewing are throwing Wharf Life DC a launch party with free music from Jones Point on Friday, Nov. 8. For more information and registration, visit: <https://www.eventbrite.com/e/a-free-port-city-tap-takeover-concert-feat-jones-point-tickets-75321291009?ref=eios>**

**Also check out Wharf Life DC at <https://wharflifedc.com>.**



# SW's Joe Madison to be Inducted into National Radio Hall of Fame

*Exclusive interview with broadcaster and activist known as "The Black Eagle"*

BY MIKE GOODMAN

On Nov. 8, Southwest resident Joe Madison will be inducted into the National Radio Hall of Fame at a ceremony in New York City. The honor comes in recognition of a distinguished career in which Madison has been a trail-blazer, broken records, and made history, and his show, "The Black Eagle," continues on SiriusXM radio, channel 126, at 6 a.m. every weekday. "The Southwester" sat down with Madison and his wife and Executive Producer, Sharon Madison, to ask him about their community, their radio show, and what this honor means to them.

## How long have you lived in Southwest?

We just completed our third year here in Southwest. We actually purchased our condo before it was built – before it was finished – because we saw all the development here. This is where we really wanted to settle... But I've been familiar with Southwest for years – even before I was with SiriusXM, I was the Political Director for SEIU. We lived in Detroit, and we commuted from Detroit to Washington. I really like the diversity in Southwest – it is one of the most diverse communities we've lived in, in terms of culture, economics, race, age. That's what I really enjoy – I've never lived in a community as diverse as this. I mean in Southeast it was predominantly African-American and with new development. And we lived in Gaithersburg, and there wasn't that much diversity, and everyone was pretty much at the same economic level. And we lived in Chinatown, but I don't need to tell you about Chinatown!... But then when we saw the new development here, we said 'this is it.'

## You're someone who specializes in thinking about societal change and communicating about that. What has struck you about changes in DC?

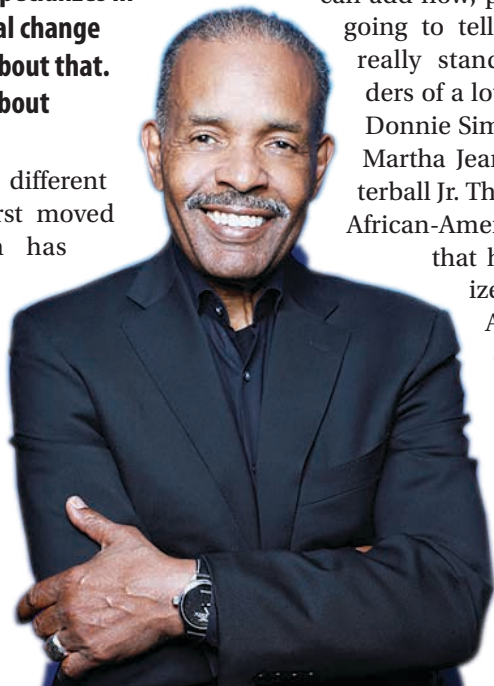
Well, it's a whole different city from when I first moved here. Gentrification has clearly taken over. But, you know, change is inevitable. Some people have certain negative feelings about gentrification. But when it comes to Southwest, I refer

to it as a metamorphosis. You know, rather than using the term gentrification. And you hope that the change is positive and inclusive, so that you give people an opportunity to stay here too... I just hope that this new housing that they're talking about is more horizontal than it is vertical. The great thing about Southwest is really it's developed horizontally. When you have high-rises, you lose connection. I studied urban studies when I was in school. And used to study high-rise, low-income housing. And you don't know who's above you, who's below you, and sometimes you don't even know who's next door to you. And I just hope that it's horizontal, and I think that helps to maintain a sense of community, and that's the sense I get with Southwest.

There's been, obviously major change. I used to come here when it was the Channel Inn. And we used to refer to the Channel Inn, and I say this with affection, we used to refer to it as Jurassic Park, because that's where all the old-timers went. And one thing I really miss – you don't know anything about rum buns do you? Hogate's. There was a restaurant here named Hogate's – very popular – and they sold these beautiful buns, drenched in rum, and they called them rum buns. And people from all over DC would come to Southwest for rum buns. That's the thing I miss. And that's really a metaphor, with all the changes, but I think the Mayor is right in trying to put as much affordable housing as possible in the city.

## It's a big honor to be inducted into the National Radio Hall of Fame. How does that make you feel?

Oh it's a major honor. In my category – spoken word – there are probably over 3,000 broadcasters in talk radio. And you can add now, podcasters. What I'm going to tell people is that I'm really standing on the shoulders of a lot of folks. People like Donnie Simpson, Petey Greene, Martha Jean "The Queen," Butterball Jr. These are – particularly African-American broadcasters – that have been marginalized and often ignored. And I really stand on their shoulders. Mary Mason in Philadelphia. Bob Law in New York. And they need to be in the Hall of Fame, too. I think I'm correct here, as I



Joe Madison, aka The Black Eagle

Courtesy of SiriusXM

See "Madison," page 17



## The Southwest Waterfront and Navy Yard are the newest areas of Washington to enjoy the benefits of a senior village:

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Autumn Garden Tour and Alfred Eisenstaedt Photography Exhibit  
Hillwood Estate and Gardens

### Monday, November 11

Home Barbering Services 9am - 12pm  
Veterans Day Neighborhood Lunch 1-2pm  
All About Burger

### Thursday, November 14

4-6 pm  
Tiber Island Holiday Open House

### Friday, November 15

11 am  
Seminar: Retirement Community Planning  
800 Maine Avenue, S.W., 2nd Floor

### Thursday, November 21

3 pm  
Village Book Club: "Between the World and Me"  
Politics and Prose

### Thursday, November 28

Thanksgiving Dinners

### For more information:

[www.dwaterfrontvillage.org/calendar](http://www.dwaterfrontvillage.org/calendar),  
call 202-656-1834, or email  
[events@dwaterfrontvillage.org](mailto:events@dwaterfrontvillage.org)

Learn where you can attend a Village public meeting or support its work as a volunteer or donor\* by calling 202-656-1834 or visiting our website: [www.dwaterfrontvillage.org](http://www.dwaterfrontvillage.org)

\* Waterfront Village receives neither District nor Federal public funds. We are a local, neighborhood 501(c)(3) organization wholly self-supported by membership dues and donations. Waterfront Village is a member of the national Village to Village network and operates under the auspices of the District Office on Aging.



# Thelma D. Jones Breast Cancer Fund Hosts Inspirational Keynote Speaker

BY DONNA PURCHASE

The Thelma D. Jones Breast Cancer Fund (TDJBCF), in partnership with Black Benefactors, a Washington, D.C. based giving circle, celebrated Black Philanthropy Month in Aug. at St. Augustine's Episcopal Church for the third consecutive year. Unlike your ordinary support group meeting, guests heard inspiring words not from a survivor but from a Black philanthropist and corporate trailblazer.

The featured guest speaker was Reginald "Reggie" Van Lee, a retired executive vice president of Booz Allen Hamilton, who is also a well-known philanthropy and arts advocate. Van Lee, who lost his sister to cancer, shared how her memory heavily influences his philanthropy, and he shared words of inspiration that he learned from family members and friends living with the disease. It was in this context that he shared the 4 C's he learned from survivors:

Courage: It takes courage to confront realities;

Confidence: Be confident that you can move beyond;

Competence: They had to educate themselves to understand what's happen-



Reginald "Reggie" Van Lee with Thelma D. Jones

Courtesy of Author

ing; and

Community: helps to create, build and nurture you.

Van Lee — often in demand for speaking engagements and philanthropic

support — serves on several non-profit boards, including the Washington Performing Arts, National CARES Mentoring Movement, the John F. Kennedy Center for the Performing Arts, the Studio Muse-

um in New York, among others. Despite these commitments and more, he still believes in reaching out to grassroots efforts in which he has a strong connection. Van Lee, who lives in Houston, TX surprised Founder Thelma D. Jones, and the audience, when he agreed to donate his honorarium and travel expenses to the organization, and proudly accepted Jones' invitation to serve as the organization's first Honorary Board Member.

Van Lee holds a Bachelor of Science and Master of Science in Civil Engineering from MIT and an MBA from Harvard University. Retirement? Well, that's what he calls it. Van Lee indicated that he was retiring but didn't say he was leaving the corporate world forever. Since speaking at the TDJBCF support group meeting, he has accepted a corporate position as the chief transformation officer of The Carlyle Group. Based in New York, Van Lee is focused on helping the firm develop new and innovative ways to enhance business processes.

Learn more about the Thelma D. Jones Breast Cancer Fund at [www.tdjbreastcancerfund.org](http://www.tdjbreastcancerfund.org) and Black Philanthropy Month at [www.blackphilanthropymonth.com](http://www.blackphilanthropymonth.com).



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Limited availability on a first-come, first-served basis, with each free session starting on the hour and lasting about 50 minutes. Anyone under 16 years of age must be accompanied by a parent or guardian to participate.



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# SW Community Gardens, Six Years and Growing

BY COY MCKINNEY

At 6 p.m. on Oct. 27, the garden closed for the remainder of 2019. The closing of the gates represented the sixth year of crop cultivation at Southwest Community Gardens. Like every year we've had so far, 2019 was unique and full of lessons learned, new and familiar faces, and plenty of fresh produce to share.

The growing season started with our annual spring kick-off. This year's kick-off consisted of planting the communal beds, processing our 24-7-365 compost system, and gathering ideas and designs for our new garden flag.

The new garden flag made its debut a few months later in June. The flag was the culmination of ideas and preferences of volunteer farmhands and the careful curation of two SW residents and artists, Chris Williams and Sergio Jimenez. The end product represents popular crops that are grown in the garden (tomatoes, carrots, figs, and peanuts), and acts as a beacon for visitors to locate the garden from afar.

The success of our spring planting



Courtesy of SW Community Gardens

Above: Emma West harvesting a big sweet potato  
At right: A walk through sunflower alley with Caroline Waddell Koehler

came to full fruition right before the official start of summer. In mid-June, we were able to set up a little garden stand in front of Safeway and Waterfront metro station to distribute 30 pounds of produce to our SW neighbors for free. Farmhand volunteers, along with members of the DC chapter of the Democratic Socialists of

America, harvested collard greens, kale, beans, and swiss chard to supply the stand.

A few more highlights from inside the garden included our annual peanut, sweet potato, blackberry, and corn harvests.

These crops are a

around the garden. Sunflower Alley, a patch of dirt along the sidewalk outside the garden full of sunflowers, was more exuberant than ever!

The final two highlights of 2019 came from outside the garden. In September, at the DC State Fair, the garden obtained first place in the compost competition for best compost in the city! The second highlight came from a partnership with the band, the California Honeydrops, through their Spreading Honey project. In each city the Honeydrops tour in, they partner with a non-profit to help the organization raise money and share their story. The McKinney Farmhands have been fans of their music for years, so when this opportunity presented itself, they made sure it would happen!

In conclusion, 2019 has been another great year of growing produce, connecting with neighbors, and trying to make our community better. We recognize that fresh produce is just one part of making our community better. We strive to be more than just a garden, but a network of neighbors who organize and advocate for other forms of justice and a higher quality of living for all our neighbors.

If you're passionate about these same issues, then join us! Check out our website [swgardens.org](http://swgardens.org) to get connected!



sta-  
ple at the garden and are grown every year. Volunteers were also able to experience a native treat: a ripe pawpaw from one of the trees growing

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Photo of John Austin by Tony Powell.

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Ryan Maxwell Photography

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# Meet SWBID Ambassador Adrian Owens

BY DONNA PURCHASE

Southwest DC is “the place to be.” We continue to spotlight the dedicated staff of the SWBID who are focused on making Southwest a clean, safe, vibrant community in which to live, work, visit and play!

Adrian Owens joined SWBID two months ago as an ambassador. He’s part of the team that beautifies the neighborhood and serves residents and visitors. Adrian works in the area around Hancock Park, and the Department of Agriculture, close to the museums. People flag him down for directions and are appreciative of his knowledge of the neighborhood.

Adrian grew up in Prince George’s County where he graduated from Surrattsville High School (and in the small world department, he graduated with my granddaughter Alexis!).

When asked what he likes about his job he says he likes to grow and achieve, and SWBID allows him to do that. He also likes having the freedom to move around the neighborhood. At first, he was surprised at how supportive his co-workers have been, helping him learn his new

responsibilities. He says his co-workers are pretty cool; it’s like having a lot of big brothers and sisters.

**SWBID COO Andre Witt says:** “Adrian has been a wonderful find for SWBID. He has been with us a few months and consistently interacts with the supervisors to ensure he is performing at a high level. The supervisors have been truly impressed with his work ethic and expect great things from Adrian as he becomes a more seasoned BID employee.”

## Adrian’s Favorites

**Movie:** “I Robot”

**Music:** Hip Hop & Rap

**Favorite Artist:** Swipey

**Favorite Museum:** National Museum of African American History and Culture

**Favorite SW spot:** Loves all the museums

**Best thing about his job:** The opportunity to grow and expand his responsibilities.

**Proudest moment:** First day he completed his route on his own

**Motto:** If you stay ready, then you don’t have to get ready.

So when you’re out and about – be sure to say hello to Adrian.



Courtesy of SWBID  
Adrian Owens

# Exploring Futuristic Dance Forms in Daito Manabe’s *Lucid Motion*

BY MATTHEW KOEHLER

Rushing into ARTECHOUSE, I gave my name to one of the hosts in an exhalation of breath before taking another big gulp of air. They didn’t have me on the list but, “Not to worry,” the cheerful host said, “Are you part of the media?” I smiled and replied in the affirmative. “That’s not a problem,” she assured me, “we can just add you to the list.”

I grabbed my complimentary shoe-socks (required for the exhibit) and followed a small crowd of late arrivals downstairs to *Lucid Motion*, a new interactive dance-themed exhibit by Japanese designer and dj, Daito Manabe, and his company Rhizomatiks. There, an usher greeted us and explained *Motion* as an “augmented reality that gives [people] a different perspective [o]n an art-form that we all might be familiar with [to] create new kinds of experiences.”

Manabe has some notable past and current collabs with big names, includ-



Courtesy of Matthew Koehler

The dancer of *Lucid Motion* at ARTECHOUSE

Perhaps he had the right idea.

Two doors, right and left, lead off to side exhibits. Being a righty, I chose that door and entered a small room with a smaller screen playing completely different visuals than the main room. Watching the screen for a minute, I noticed it reacting to the 3D dancer’s music. There was something else, but I couldn’t quite put my finger on it.

Taking the left door, a short passageway with several blank screens led to an interactive media lab. At first, the screens were dark – static – but pausing in the middle of the passageway to jot down some notes, the screen next to me came to life. A multicolored outline of me appeared, complete with me pulling my notebook out of my back pocket. As I stood there waving my arms, I noticed my silhouette morphing in-tune with the music from the main room – like with exhibit through the door on the right. I walked back and forth through that hallway a few times until another patron caught me dancing.

Then I remembered what struck me about the previous side exhibit I’d visited. That screen had interacted with me in a similar way.

Before entering the sparsely decorated media lab at the end of the passageway, a different usher explained the purpose and use of the room. Several black tables with iPads and mundane objects on them (a lamp, for example, and a control panel that could’ve come off Darth Vader’s cyber suit) made up the perimeter of the exhibit. Black posters adorned the wall in places with a 2D graphic poster on a table in the center. Using the iPads to view each exhibit, 3D objects appeared in the air above or around each object or poster.

Dancers, of course, popped out of thin air and moved like marionettes on the iPads, turning the ordinary into dynamic pieces of art. Think of it like those smartphone apps that can turn walks to the grocery store into game (Pokémon Go or The Walking Dead, for example) but with a little pirouetting dancers.

My final stop was the bar, now serving a growing crowd “Augmented Reality Cocktails,” which didn’t have names, just ingre-



Courtesy of Victoria Pickering

Coming to life in the media lab

ing Bjork and European Organization for Nuclear Research (that’s, CERN), to name a few. His company Rhizomatiks, of which he is now co-director, pushes the boundaries in art and technology and human motion. *Lucid Motion* is his first solo exhibition in the US.

Stepping into the cavernous main showroom of ARTECHOUSE, electronica hit my eardrums full force and a large 3D figure dancing on the projector screen surrounding half the room commandeered my eyes. Made of pulsing and changing light patterns, the 10’ virtual dancer pirouetted, kicked, and moved her arms in precise and fluid movements. Traceable geometric lines sprouted from her hands and feet, and, despite her virtual nature, she moved like a real person. Her realness wasn’t surprising considering Manabe collaborated with real life Japanese dancer and choreographer, MIKIKO, and futuristic dance troupe Elevenplay.

To the left of the main showroom was a sleek bar serving “augmented reality cocktails,” but no one was there yet so I went down to the main floor to the many arrayed bean bag chairs. One patron was spread-eagled on such a chair, angled so he could observe the entire virtual performance.

See “*Lucid Motion*,” page 13



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# KID'S CORNER

Each month check out the most recent issue of the paper for activities and games to help you discover SWDC! Have a suggestion? Email us: [editor@thesouthwester.com](mailto:editor@thesouthwester.com). Check out next month's issue for the answers!

# Spot the difference!

Can you spot the differences in the two scenes below?



1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

5. \_\_\_\_\_

6. \_\_\_\_\_

## Answers from October 2019 issue

**Differences:** The picture on the left has a spider and the one on the right does not; the skeleton on the right has a lollipop and on the left it does not; there is a cat on the left and a frog on the right; the ghost is in a different window; the pumpkin on the left is happy and the one on the right is not; a window on the right has a spider web.

**Word Scramble:** There are 216 words you can make from “frightening.”

## WORD SEARCH: AUTUMN!

M	S	Q	W	C	O	I	K	S	L	T	F	W	G	E
J	I	R	U	Z	H	L	U	M	E	S	M	A	Y	Q
J	L	L	Y	I	G	B	D	V	A	A	R	M	F	X
Z	B	E	B	J	P	U	D	V	V	E	M	T	S	G
F	T	L	Y	E	K	R	U	T	E	F	B	L	W	N
A	V	D	C	G	C	F	K	M	S	O	L	D	C	L
A	H	J	M	O	R	X	A	I	W	A	O	O	M	K
L	S	X	X	W	X	A	G	D	F	F	W	H	F	H
F	V	X	J	R	S	X	T	Q	R	H	Y	G	W	F
G	H	R	M	V	J	I	X	E	L	U	M	E	A	L
C	A	S	S	E	R	O	L	E	F	C	O	M	P	X
F	G	I	B	N	W	Q	X	W	F	U	I	G	P	N
T	U	R	C	H	U	V	B	Q	M	L	L	U	E	L
B	M	N	E	N	U	P	F	O	Y	N	E	L	C	K
I	Z	X	Y	B	Z	O	G	P	B	F	O	W	Z	V

CASSEROLE  
GOURD  
FALL  
GRATEFUL  
FAMILY

LEAVES  
FEAST  
MEAL  
FUN  
TURKEY

## Word scramble!

How many words can you make from THANKSGIVING?

[illegible]



# The Tall Ship to Visit the Wharf in November

BY BETH HALL

The Tall Ship, La Nao Santa Maria, will be at the Wharf and available for tours Nov. 12-13, Nov 15-17. Tickets are \$10 for adults and \$5 for children. Discounts are available for families and school groups. The visit consists of a self guided tour through the five decks of the Santa María, where you can find informative panels explaining the history of the ship, ornamental elements of the time, and talk with the crew on how Spanish sailors lived on ships 500 years ago.

The ship is a replica of Christopher Columbus's flagship, which left Spain 527 years ago and sailed to the new world with the Nina and the Pinta in 1492. In all references written by Columbus about the Santa María in his famous diary of the expedition, he refers to it as "Nao", as did other chroniclers of the time.

Nao, manned by 40 men, arrived in the Americas on Oct. 12, 1492. While sailing close to the Española Island on Christmas Day that year, the vessel ran aground and wrecked. The first Spanish settlement in America was built from the wreckage on the location of the shipwreck. It was named La [Fuerte] Navidad (Christmas Fort).

The Nao Santa María weighs around 200 tons and is 28.30 meters long, or



Courtesy of Author

Above: The Tall Ship in her natural environment

At left: The Tall Ship, La Nao Santa Maria, docks at the Wharf this November

93 feet for Americans. Like the original, the replica incorporates three masts and a bowsprit, the largest being 25 meters (approximately 82 feet) high from the

waterline of the vessel to the knob or higher part. It carries 300 square meters (3230 square feet) of sail. The sails and rigging are faithful to the original ship from the 15<sup>th</sup> century. There are more than

3 kilometers (1.86 miles) of ropes.

The Tall Ship will be at Market Pier. To learn more about the Santa Maria and to buy tickets, visit <https://www.naosantamaria.org/en/>

# Stickwork Artist Weaves Something Special for U.S. Botanic Garden's 200th Anniversary

BY SHEILA WICKOUSKI

In celebration of its 200th anniversary, the U.S. Botanic Garden is collaborating with renowned stickwork artist Patrick Dougherty to create a custom sculpture to stand throughout the 2020 celebratory year.

Combining carpentry skills with love of nature, Dougherty is known for creating installations woven from plant materials, which celebrate nature through both materials and visually flowing lines. He has built more than 250 stickwork sculptures all over the world in the last 30 years.

For this creation, the USBG began by harvesting saplings of invasive plants from area locations – Norway maple from the American Horticultural Society's River Farm and Siberian elm and hybrids of non-native cherry from the U.S. National Arboretum. Willow sustainably harvested from a farm completes the plants used to create the sculpture.

Volunteers and USBG employees



Photos Courtesy of Patrick Dougherty

Above: Stickwork sculpture in progress

At right: Artist Patrick Dougherty at the U.S. Botanical Gardens



touch and explore this nature-inspired plant artwork installation.

Through the 2020 bicentennial year, the USBG will present a special exhibit

celebrating plant exploration and the Garden's history dating back to the founding fathers: George Washington, Thomas Jefferson, and James Madison, as well as unique programs, workshops, lectures, festivals, tours, and more.

The Garden is located at 100

Maryland Ave. SW, on the southwest side of the U.S. Capitol. More information is available at [www.USBG.gov](http://www.USBG.gov)

are working more than 200 shifts with Dougherty and his team over three weeks to create the unique installation,

which began Oct. 7 and will be complete Oct. 25.

Once complete, visitors will be able to



# DC Mentoring and Achievement Program

BY LEROY POTTS

The D.C. Mentoring and Achievement Program (D.C. MAAP), a local not-for-profit, focused on assisting D.C. residents, particularly Southwest residents, find jobs in the hospitality, entertainment, and service sectors, will hold a listening session with job seekers to learn about challenges to finding employment.

A volunteer-run organization, D.C. MAAP opened its doors back in February and offers resume writing assistance, mock interviews, and other career guidance free of charge. Volunteers were on hand to meet with anyone wanting assistance on the 1st and 3rd Saturday from Feb.-May from 10:00 a.m. - 12:00 p.m. at Riverside Baptist Church, 699 Maine Ave., S.W.

D.C. MAAP is planning to launch a series of workshops to help participants develop skills needed for on-the-job success. Before workshops are

rolled-out, D.C. MAAP wants to gather information from Southwest residents to better align workshops and curriculum with the needs of potential employees.

Ultimately, its founders envision D.C. MAAP not just helping residents find jobs, but helping them define, and advance in career pathways. If you would like to participate in the listening session and dinner, and you are between the ages of 18-40 and looking for work or looking to advance in your current job, then contact D.C. MAAP. The dinner is free, but participants are expected to participate in an informal dialogue with other participants and D.C. MAAP representatives.

To register for the Nov. 6, 2019 listening session email D.C. MAAP at [WeAreDCMAAP@gmail.com](mailto:WeAreDCMAAP@gmail.com), or call us at 202-816-8572. To learn more about D.C. MAAP, please visit our website ([www.dcmaap.wordpress.com](http://www.dcmaap.wordpress.com)).

# Amidon-Bowen Tutor of the Month: Shavonne Johnson

BY AVA MILLSTONE

Last year, in partnership with Southwest Neighborhood Assembly's Education and Scholarship Task Force, Community Scholar started a tutoring program at Amidon-Bowen. School administrators, students, and parents have praised the program and are excited for the program to launch and expand in year two.

Amidon-Bowen students significantly improved on the PARCC Math test last year. Congratulations to the students, the teachers, staff, and tutors who supported their growth! One of the tutors who worked with students throughout last year is the Amidon-Bowen Tutor of the Month, Shavonne Johnson.

## How long have you lived in SW?

Since Oct. 2014.

## What do you do in your professional life?

I'm a full-time student at Northern Virginia Community College.

## What made you get involved in the tutoring program at Amidon-Bowen?

The director of the program, Robert St. Cyr, lives in the same co-op as I do at River Park. He posted on our co-op community electronic bulletin board and I signed up.

## Describe your favorite moment so far from the program.

My favorite moments are when stu-



Courtesy of Author

Shavonne Johnson

dents continue to try even when it is a subject that might not be coming to them naturally. I loved sharing step-by-step tools to help them approach their reading assignments and questions.

## What is one thing you enjoy, appreciate, or respect about your students?

I appreciate how hard they work even after getting frustrated with a difficult concept and coming to tutoring after a long day of school.

## Why should other SW community members consider joining the program as tutors next year?

Volunteering in your own neighborhood builds a more connected community. The students have so much energy and I love watching them become fascinated by the subjects we read about each week.

To learn more about the program or sign up to participate as a volunteer, contact Robert St. Cyr at [friends@communityscholar.org](mailto:friends@communityscholar.org). To make a tax-deductible donation to support the program, visit <https://www.mightcause.com>, search for Southwest Neighborhood Assembly Inc. and select the SWMA Education Task Force as the recipient. You can also write a check to the Southwest Neighborhood Assembly, note "Education Fund" in the memo line and mail it to SWNA Attn: Education Fund, PO Box 70131 Washington, DC 20024.



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Applications for grants may be submitted at any time.

**Friends of Southwest DC is currently seeking a volunteer or a new board member to create and maintain a simple database of donors and grantees. If interested, please contact [noreen.a.lyne@gmail.com](mailto:noreen.a.lyne@gmail.com).**

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Photo by Rick Stewart

Jefferson Principal Greg Dohmann speaks to the crowd at the fundraiser.

## JEFFERSON MS

*Continued from p. 1*

with the school.

"While VSA and Cornerstone are seen by some around Washington as competitors, both firms share a commitment to charitable giving and service in the communities where we work and live," said Stu Van Scoyoc, President & CEO of VSA

and Geoff Gonella, President & Managing Director of CGA. "Last night's event was a success and it was wonderful to see everyone come together for such a great cause. We have high hopes to grow the tournament every year and have more local Wharf businesses involved in our Good Neighbor Initiative."

The two firms are already planning for the next Good Neighbor Initiative event.



# Turning the Page Book Bazaar Comes to Market SW

BY UNA YARSKY

Educational non-profit, Turning the Page, and their pop up bookstore program, Carpe Librum, hosted a donation book bazaar at The Lot on 4th and M St. on Oct. 11, from 10:30 a.m. - 9:00 p.m. The bazaar was held as a special edition of the Market SW that usually takes place every two weeks, as the location had enough space for the books and other media Turning the Page wished to sell.

According to their website, Turning the Page (TTP), works to unite student communities and schools to foster “a high-quality public education.” The organization believes families are crucial to a student’s success, and they work to provide families with a multitude of educational resources to help students advance during their academic careers. Along with encouraging families to help their children with school work, TTP teaches families about their roles in the school community and the influence families have over how the school operates.

TTP accepts gently used book donations from the general public. At the moment, they do not accept VHS tapes, encyclopedias, or magazines. The organization has annual pop up book sales around both Washington, D.C. and Chicago, Ill. In the DMV area, TTP has hosted pop up sales in Dupont Circle and Rockville, Md.



Courtesy of the SWBID

Above: A fine day for an outdoor book market

At left: “What is your favorite book?”



Courtesy of Una Yarsky

The Oct. 11 event sold second hand books, CDs, and records, with all prices under six dollars. The book bazaar raised over \$5000 and sold about 1000 used books in total. There were books of every genre, including a young adult and children’s section. The event also included a blackboard that asked “What is your

favorite book?” Guests were given chalk to write down their answers, which ranged from classics such as F. Scott Fitzgerald’s *The Great Gatsby*, to graphic novels like *The Last Kids on Earth*, by Max Brallier.

In addition to the book sale, attendees were treated to music, a beer garden, and local food trucks. The book bazaar provided Southwest community with a time to come together and provided TTP with an opportunity to spread information about their organization and mission.

## LUCID MOTION

Continued from p. 8

dients. Was this intentional? Likely. According to the usher who greeted us before entering *Motion*, the drinks were “crafted [in conjunction] with the exhibition in both taste and visuals”. As to the taste of these cocktails, well that’s subjective – as is all art – but the visuals I can attest to. Drinks were served on on a tiny dias (when they could find them, they were in high demand) that made the cocktail glasses light up and change colors. Others were served with seemingly boring coasters or other pieces of paper that came alive while using the ARTECHOUSE app, which you should download beforehand.

While my drink changed colors, I struck up a conversation with Courtney from NW DC, who had a sleeping infant in her arms. She’d heard about the event from a friend and wanted to come check it out. Both of us being parents, though, the conversation quickly veered away from art and culture to schools, parenting, and our origins in DC – all while Manabe’s Lucid Motion played in the background. Courtney’s baby slept soundly, never stirring – perhaps he was dreaming lucid dreams. And dancing.

*Lucid Motion* is showing at ARTECHOUSE until December 1. Tickets range from \$8-\$20. For more information, visit <https://www.dc.artechouse.com/lucidmotion>.

## DC MENTORING AND ACHIEVEMENT PROGRAM UPCOMING LISTENING SESSION DINNER IN NOVEMBER 2019

We are a SW-born-and-bred initiative that serves to assist you with developing and honing your professional soft skills, through resume writing workshops and mock interview sessions. If you are looking for a job or to change jobs, DC Maap is holding a listening session Wednesday, November 6, at 6:30 p.m. at St. Matthew’s Lutheran Church to hear from you, residents, about your employment challenges. Are you between 18-40 years old? Email or call us with for more information.



To learn more, visit:  
[www.dcmaap.wordpress.com](http://www.dcmaap.wordpress.com)

Call:  
202.816.8572  
or email

[WeAreDCMAAP@gmail.com](mailto:WeAreDCMAAP@gmail.com)



# Holidays!

BY KATE MILLER

**H**o Ho Ho!!  
Too soon to extend holiday wishes?

Let's settle into a few words from life coach, Kate, that's me. I have been a coach for about five years and have worked with people ranging from federal workers, dog walkers, to lobbyists, and a few other occupations in between. When talking about life regardless of what people do for a living or how much money they make, each person is trying to LIVE a life they love and enjoy. It is in that space of trying to live well it becomes clear how people are more similar than not.

Would you like to know one of the great equalizers of humanity no matter the job, amount of money, where one lives, or family size—if you said “The Holidays” you're right!

The Holidays are one of the great equalizers of human emotion. Holidays are stressful, full of worry, brimming with anxiety, unspoken anger, private tears, tables full of laughter, seething hatred, booming joy and an abundance of love, or lack there-of. All the great basic human emotions that every human being on the planet can experience.

It's November and two of the biggest holidays are barreling down on us again

along with those emotions.

In holiday centric conversations with clients, I ask three key questions:

One of the questions that make people pause is **“Who is really in charge?”**

If you are an adult, living here in DC, making a living, and you tell me “your parents, and it's just what we do” — um, we might need to talk. On your own, but not really on your own? Why this partial ownership — it's ok to like holiday traditions and go home, or is fear of bucking holiday traditions the issue?

If you have your own family unit, it's great to spend time with grandparents and extended family, but do not rule out your own family. Your family needs space to create special and unique memories as well.

Think about this — each time an extended family does not gather it's an opportunity to learn something new,



Kate Miller

sharing with the greater family at next years' holiday gathering. This is not about replacing tradition but adding to the holiday experience.

Create a schedule or rotation of holiday visits — this allows time to charge up and maybe keep the holiday spirit something to look forward to instead of loathe. The oft heard adage: absence makes the heart fonder, applies here.

One of the toughest transitions is passing the baton between hosting generations. It can be tough to tell the retired or incoming decision makers your stance on the holidays, but it's your life regardless of who hosts the holidays.

Who is in charge? If it's not you. When will you decide to make holiday decisions for just you or your family?

Many people like traditions and many do not, and of course, both those preferences are always found inside a family. No family will have one idea over the other

around the holidays, there is always an array of opinions about the holidays. And so, another question to ponder is **“Why is this important?”**

If you are moving through the holidays asking why this is important? Then why are you going without giving yourself time to find that answer? If you love the tradition of the holidays — great, enjoy! If you do not, spend some time asking yourself what makes the holiday season important to you.

And, a final question is **“Where is this growing?”**

Truly, if it's about tradition that is fine. If the holidays are stymied what can you do to change things up? How can the holidays make sense and be a fun time of year?

The Holidays are a joyful and wonderful time of year, but it is also the time of year where many find their individual style is challenged and may have changed. Pain is exposed. Fear is ruling their emotions, and joy is a far-fetched idea and nothing but a song on the radio.

I challenge you to really process what the holidays mean to you, and let this year find you bringing more of yourself, your family, and your children more authentically to the season!

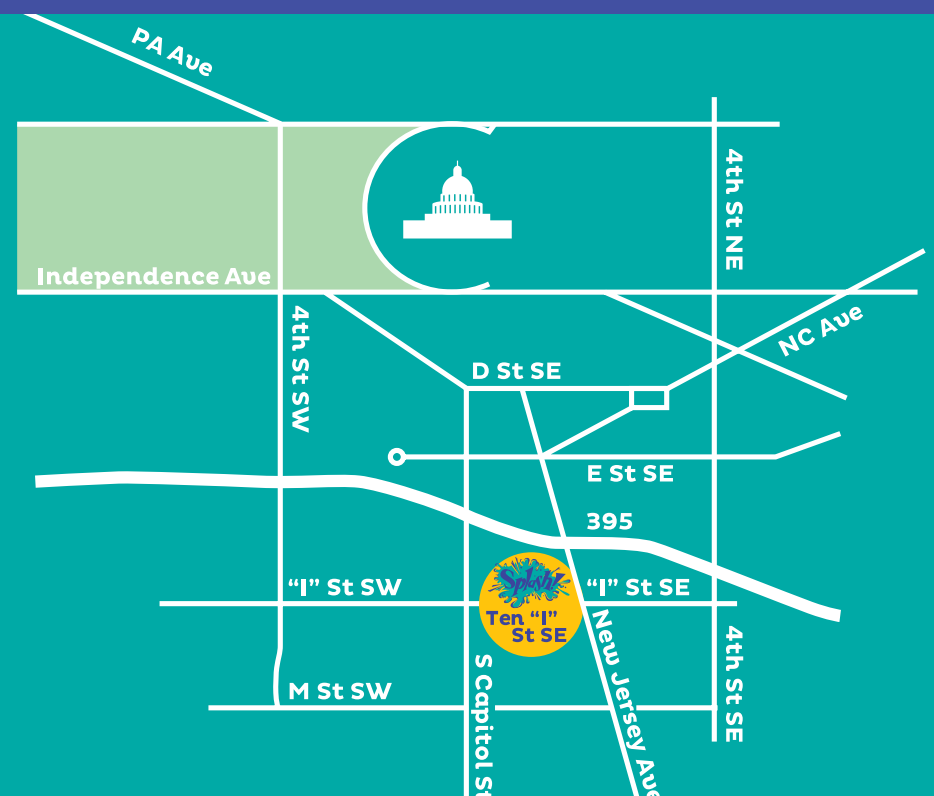
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## PHOTO OF THE MONTH WINNER: SUSAN GOODMAN



Courtesy of Susan Goodman

### Sunrise from a River Park balcony

If you would like to submit a photo for consideration for Photo of the Month, please email it to [editor@thesouthwester.com](mailto:editor@thesouthwester.com).

## Op-ed: City Sing and Play Opens in Southwest

BY EMILY OLMSTED

Hello Southwest community!

My name is Emily Olmsted and I'm a Washington, DC native and current Southwester bringing the joy of children's music and movement classes to the Southwest Waterfront community!

I am the owner and teacher at City Sing And Play, a new licensed Music Together® center in the heart of the Southwest Waterfront community. Music Together® is an internationally recognized early childhood music and movement program for children ages birth through grade two. The Music Together curriculum was co-authored in 1987 by Kenneth K. Guilmartin and Rowan University Professor Emeritus of Music Education Dr. Lili M. Levinowitz. The program offers families, schools, at-risk populations, and children with special needs in more than 3,000 communities in over 40 countries an opportunity to learn through music. I am passionately committed to bringing children and their caregivers closer through shared music-making while helping people discover the joy and educational value of early music experiences.

I was first introduced to Music Together® classes as a caregiver myself. My charge and I attended the program for nearly two years (5 song collections). From the first semester, however, I was immediately hooked! I was especially intrigued by the program's variety of musical styles, rhythmic



Courtesy of Alexandra Friendly

Emily Olmsted, Center Director for City Sing And Play

mic chants, dances, instruments, and concentration on informal music education for both children and their caregivers. Once the child I had watched started attending school, I knew my next step would be to continue my Music Together® journey as a teacher of the fantastic program. After having taught the program for 4 years on Capitol Hill and in Bloomingdale with a different center, I decided to open her own center and pursue a career with Music Together® in my own neighborhood in Southwest.

Having been in DC my whole life, I've watched the Southwest Waterfront community change and evolve. Ever since moving to the neighborhood in 2016, I have seen drastic changes and revitalization of the neighborhood. With all the new developments, I saw the need for more activities for babies and children in the community and acted on it accordingly! With City Sing And Play open, the

See "Op-ed," page 16

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## NEWSIES

Continued from p. 1

be playing the boys and girls from over a hundred years ago who stood up for themselves and, fighting for fairness.

### Were you familiar with the story of the newsboys and how they challenged the two most powerful newspaper owners in America, and won?

Ethan Van Slyke: I've gotten more familiar with the history behind the Newsboys' Strike of 1899 as my love for this movie/musical has grown. There is so much more that I have yet to learn about that revolutionary time period.

It is an incredible experience to be able to tell a story that is based on historical events because of the raw [s]torytelling that can come out of it. It is so easy for a person of my age to respect and be inspired by the drive and motivation behind what these kids were fighting for.

Josiah Smothers: I saw Newsies for the first time about 2 years ago on Netflix. It quickly became one of my favorite musicals and I knew one day I wanted to play the part of Les Jacobs.

Hazel Hay: Only a little bit. As soon as I got the audition, my mom made sure I knew what the story was [about] and the style and stuff like that. But I didn't know all the background and as much history about everything like I do now. I love New York and I love history and I love theater,

so it's been really fun to learn so much about all of those things.

Emre Ocak: It's one of my favorite musicals. I can relate well to the characters since I am around the same age as some of the Newsies. One of my favorite messages of the story is that regardless of age, you can always stand up for what you believe in!

### What is your character like? What is it like preparing for this role?

Ethan Van Slyke: Davey certainly is set apart from the rest of the Newsies. He and his brother live with their family in a slightly higher class level in which they can pursue an education and have a home to return to at night.

There is an arch that Davey goes through during the show. He goes from a reserved and focused worker to a passionate and influential leader for his fellow Newsies.

The research and analysis in telling Davey's story is the foundation for what I am using to build upon my role in this production.

Josiah Smothers: My character is a lot like me — he wants to do crazy things and wants to help do everything and help other people, like me! He likes being around the older Newsies.

I prepare for a show by stretching, doing my ballet and going through my notes and warming up my voice. I also run lines with my mom and dad and they help me to memorize my script.

Emre Ocak: As one of the Newsies' ensemble members, my character is driven and determined to do whatever it takes to seize the day and fight injustice. In my preparation for this role, I have studied the history of this story, reviewed the score and script, watched clips of the show, and have been singing and dancing every day.

Hazel Hay: He is feisty and fearless. He's not really scared of anything. He also has a big heart and really looks up to Jack (the leader of the newsies). He really looks up to everyone who's older than he is because he just wants to be big and do big things. That makes it really fun for me because Les has a huge personality and gets to do really fun things in the show, which means so do I.

### How does it feel to be a part of this show at Arena?

Evan Van Slyke: Arena Stage is one of the most incredible places to create art and tell stories.

I am humbled and privileged to be one of the youth that gets to represent the young boys who fought so hard for their rights during the 1800s.

I feel like Molly's direction has always been so inclusive, diverse, and effective and I think the casting of this show is no exception. It is a pleasure to be on [a] team of artists I look up to so much.

Being a 17-year-old employee at one of the most highly respected theaters in the country is crazy enough to think about, but will bring only the greatest education I could ever receive.

Josiah Smothers: I'm so excited to get to play this part at Arena Stage. It is one of my dream roles. I'm especially excited to do it at Arena since this area is home for us — and to be home after being on the road for *Finding Neverland* for 10 months!

Emre Ocak: I'm very excited to be making my Arena Stage debut in Newsies! I can't wait for rehearsals to begin, and I look forward to performing in all the shows. Everyone here at Arena Stage has been so welcoming and kind. I am thrilled to be involved in this production.

Hazel Hay: Amazing. Everyone at Arena is so nice and welcoming. And SO talent-

ed. I get to learn from these people every day and it's just amazing. And the theater is incredible. I can't wait to see the set in there. The model that they showed us was so cool so I can't wait to see it come to life.

### Did you see the movie or the Broadway show? Thoughts?

Evan Van Slyke: I watched videos on YouTube, Tony Award performances, and Broadway.com videos. When I saw the National tour of the show in D.C a couple years ago, I was absolutely star struck. I felt like I reached some sort of checkpoint just by seeing the show and couldn't ask for anything more at the time.

The fact that this Disney movie wasn't about a princess or a magic kingdom caught my attention very easily and only made me love it more. I think the movie and musical tell the story so brilliantly and I love how both of them tell it in pretty different ways at points.

Josiah Smothers: I saw the movie and LOVED it! I wish that I would have gotten to see it on Broadway but I don't think I was born yet?

Emre Ocak: I saw the movie, and am familiar with the Broadway version of the show. The Newsies story inspires me to always try to stay positive, even in tough situations. It also reminds me of the importance of staying loyal to your friends, and how working together helps you reach your goals.

Hazel Hay: I hadn't seen it before I auditioned. There was a long time between my first audition and when I got the call. I was OBSESSED with the show during that time and wanted to know everything about it. I had totally fallen in love with the music, the dancing, and my character. I just loved it all. So I downloaded the filmed Broadway version and I think I've seen it about 100 or more times by now. No joke. Right before rehearsal started, I had to stop watching it because I didn't want to copy the performances. I knew I'd have to make sure I found my own 'Les' and that's been really fun.



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## OP-ED

Continued from p. 15

Southwest Waterfront community finally has the world renowned Music Together® program right in its metaphorical backyard. Children and families, alike, have the opportunity to sing, dance, play, and learn all while staying in our beloved Southwest neighborhood.

I truly believe that all people possess the capacity to be musical and hope to encourage the love and wonder of music that is in all of us!

One of the core tenets of Music Together® is "music learning supports all learning" — a statement I whole-heartedly adhere to. Through music we learn history, language, literacy, mathematics, sci-

ence, technology, sociology, and so much more. And like any language or concept, the earlier children are exposed, the more facile and comfortable they will be with the subject growing up. Our world could use a little more empathy and joy and music-making with kids is about the purest form of magic there is.

Mixed-age classes for children ages 0-5 and their parents or caregivers are held for 10-week long semesters. Classes are offered Tuesday, Thursday, and Friday mornings at 10 a.m. at St Matthew's Lutheran Church at 222 M St. SW. Try a class for FREE any time to see firsthand the magic of Music Together®!

Visit [www.citysingandplay.com](http://www.citysingandplay.com) for more information.



## MADISON

*Continued from p. 3*

was told, that there are only 11 African-Americans in the Radio Hall of Fame. So when you think about those individuals who should be recognized and included in the corridors of the Hall of Fame, you then also have to take into consideration Lowell Thomas, Bob Hope. You know these are major radio personalities. Some people have probably forgotten. There's also Howard Stern, and more contemporary people. It's a big deal.

### Aside from this honor, what are some of the things that you are most proud of related to the radio show?

In the Guinness Book of World Records, we did 52 hours straight, and broke the spoken word record, and raised over \$200,000 for the Smithsonian African-American Museum. We did the first radio broadcast in Cuba, since the Cuban Missile Crisis... It was around 2010, and we – when I say we, you have to remember that Sherry was with me the entire way.

We also went to Southern Sudan, and freed over 7,000 slaves that were taken during the Civil War between Sudan and Southern Sudan, and were very much a part of Southern Sudan becoming the newest country. We raised money across the country to buy slaves who were taken during the Civil War in Southern Sudan... that was 1996 or 1998, around then. We were asked by a religious organization out

of Zurich to go to then-Southern Sudan – we did our show, and communicated what was going on, and began to raise money. I remember a goat actually cost more than a woman.

We also took our show on the road during Katrina, and brought attention to what was happening there. We trekked from Mobile, Alabama all the way to Houston to show what was happening. Oh, and we took our show to Haiti after the earthquake. So those are the things that stand out.

### What inspired you to get into social justice, social activism, early on? Was there a particular person or moment in time?

I think my answer would be, it's just [in] my DNA. I'm part of that Emmett Till generation. I'm part of that Little Rock Nine generation. I'm part of that 60s, 70s civil rights generation, and my activism probably started in college. You know, people that I have met – the Julian Bonds. Dick Gregory and I spent a lot of time together in jail. We protested a lot together. A lot of people who lived in Southwest. You know that's what I said – I was exposed to Southwest long before I moved here. Dorothy Height lived in Southwest. Roger Wilkins, who was at the Justice Department; Members of the Congressional Black Caucus – we would have meetings, and these are vocal people, a part of my circle. And I worked for [the] NAACP as their political director for 10 years, and was on their board for over 14 years. Benjamin Hooks was a mentor. It's just in my DNA.

### So do you think radio can change society?

It does. Not can, it does. It clearly does. When countries go through transformation, usually the first thing they take over is the radio stations. During the 30s – Hitler – German radio was very effective, more than his movies, now television wasn't invented, but everyone had a radio – it reached far more people than that. Absolutely, no ifs, ands, but. Which is why you now see people going into the podcast business. Because everybody can have a podcast. Spoken word is extremely powerful. Yes, radio is extremely powerful.

### So what's next for you?

I'm just getting warmed up. But right now we're focused on pushing public policy and voting. I just created a company that we call clothing with a conscience. We just created a t-shirt – on the front is one of my iconic sayings – what are you going to do about it? When anybody calls the show, I always ask the question after all the talk – what are you going to do about it? Not what is society going to do about it. What are you going to do? Because everybody can do something. So I put that on the front of the t-shirt, and on the back it says "Vote 2020." We just started last week – on Oct. 9 – and we've sold over 1,000 t-shirts. So we're just starting. The company is called "Make U.S. Better 2020," and we refer to it as clothing with a social conscience.

But you know, our show is hot. I mean just today, Kamala Harris called. Last week, Elizabeth Warren came on. We had President Obama when he was President of the

United States, his people called and said, "Would you like to interview the President of the United States?" And, of course, so I asked when he would like to call in? And they said, "No, you should come to the Oval Office and interview him." I said, well this is radio – this is not TV, this is radio. "Yeah we know," they said. So we were invited to the Oval Office and interviewed Barack Obama. They said we had 10 minutes, and it turned out to be a half an hour interview. I think it reflects the respect he had for the audience of the show.

### How many listeners do you have on average?

It is one of the best kept secrets at Sirius. And I will tell you, we have been told, that at any given time it could be 6 to 9 million. And that is purely unofficial, but that's what we have been told by management.

### Any other thoughts that the Southwest community should be sure to hear?

It's a great community. I will tell you this – this is a community where I decompress. It's where I live. You will find me sitting on a bench along the Anacostia Trail, smoking my pipe, taking phone calls, prepping for the show the next morning, cause 3:30 comes awfully early, and people watching and dog watching. It's where I chill out – Southwest is my place to chill out...

We really enjoy it here. When we really want to impress people, we go to Del Mar. And when we have family and friends, it's Kith and Kin. And family-wise, Hank's. Yes, where we usually hang out is Hank's, but you know what? I still miss those rum buns.



# Capitolbistro

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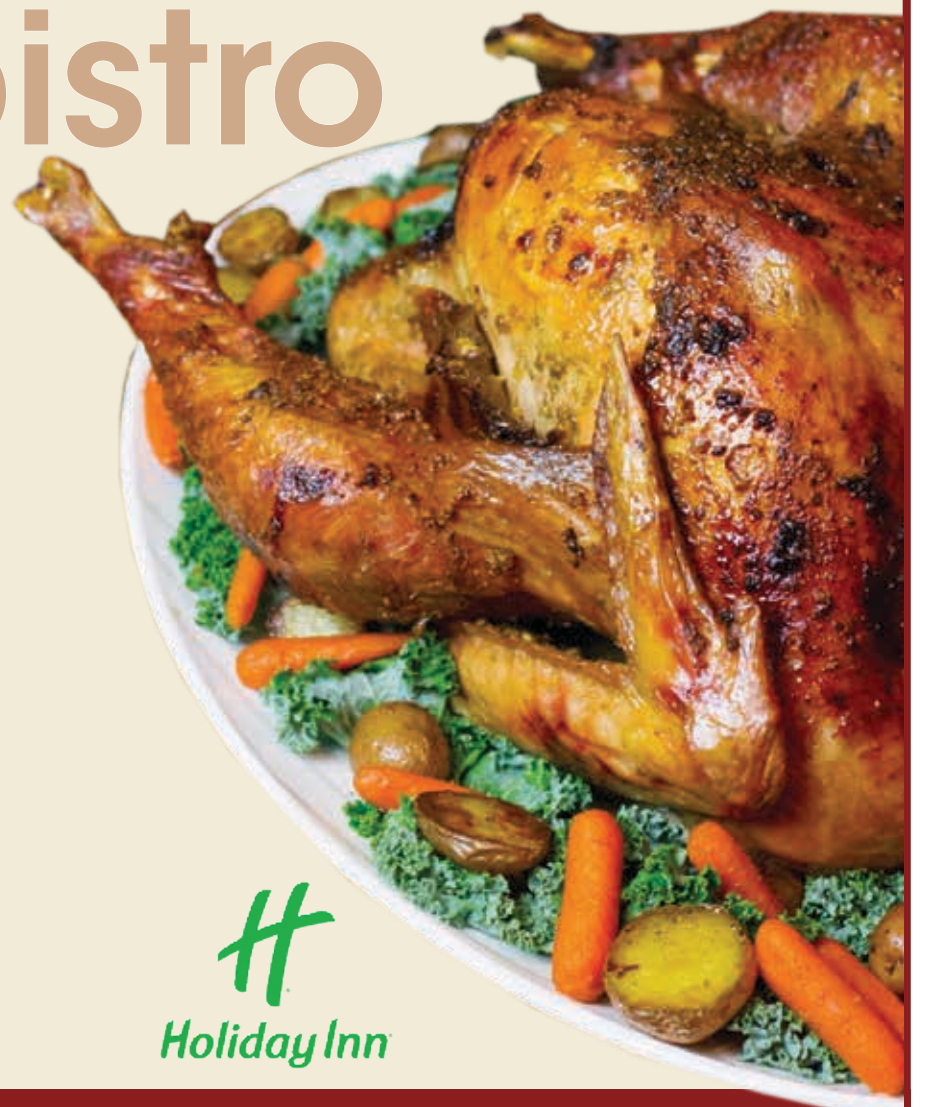
Purchase your Holiday Turkey (18lb 24oz, Serves 8 –12ppl), Menu to include:

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- Cranberry Sauce
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# COMMUNITY CALENDAR

## NOVEMBER

**TFRI 1, 6:30 P.M. Game Night.** First Friday of every month. St. Augustine’s Episcopal Church, 555 Water St., SW, 202-554-3222, [www.staugustinesdc.org](http://www.staugustinesdc.org)

**SAT 2, 10 A.M.-4 P.M. FORT MCNAIR, Washington, D.C. – Joint Base Myer-Henderson Hall** announces its next quarterly Public Open House of Grant Hall’s historic third-floor courtroom, located on the Fort McNair side of the Joint Base in Southwest Washington D.C. Members of the public are invited to the Public Open House, which is free to attend. Guests without a Department of Defense (DoD), Federal or AIE (Automated Installation Entry) ID are asked to register in advance. Please go to the Joint Base Myer-Henderson Hall Facebook Events Page at <https://www.facebook.com/pg/jbmhh/events/> and access the Grant Hall Open House site. If your computer server does not allow you to access the registration site, please email your reservation to [usarmy.jbmhh.asa.list.pao-all@mail.mil](mailto:usarmy.jbmhh.asa.list.pao-all@mail.mil). Full names of all attendees are required, as well as a valid telephone and email contact. For additional information, call Joint Base Myer-Henderson Hall Public Affairs at 703-696-3283 during normal business hours.

**SAT 2, 10:30 A.M.-Noon. Open House.** Have you ever wondered if Toastmasters is right for you? Komen Toastmasters has been helping people develop communications, leadership, and public speaking skills for over 20 years. We meet on the 1st & 3rd Saturday of each month. Westminster Presbyterian Church, I & 4<sup>th</sup> St. SW

**TUES 5, 7 P.M. Write Here,** a creative writing program with exercises, sharing, and free time.Tues. 5<sup>th</sup>, 7:00 P.M. “Write here” – it’s where you get your start on the writing you’ve always meant to do. Led by Youth Services Librarian Abby, MLIS, BA Creative Writing. SW Interim Library, 425 M St. SW, (202) 724-4752

**WED 6, 4:30 P.M. Color Club.** Come color with us! Fun coloring pages and utensils provided. Children under 9 must be accompanied by a caregiver. SW Interim Library

**THURS 7, 7-8 P.M. World Café Gathering** – small group discussions on the Opioid Crisis in SW DC. Conversations will focus on: prevention, treatment and recovery. Sponsored by Building Rhythm Thru Recovery at Westminster. Free to the public. All invited. Westminster Presbyterian Church

**FRI 8, 8 P.M. Doors open at 7 P.M., Union Stage and Port City Brew** are throwing Wharf Life DC, a launch party with free music from Jones Point. Union Stage, 40 Water St. SW. <https://www.eventbrite.com/e/a-free-port-city-tap-takeover-concert-feat-jones-point-tickets-75321291009?ref=eios>

**SAT 9, 7-9 P.M. Faith & Film presents “A Madea Family Funeral.”** Released: March, 2019; Rating: PG-13; Duration: 1hr 42min. A joyous reunion in small-town Georgia turns into an unexpected nightmare when Madea and other family members gather for an anniversary party that turns out to be a sham. Subtitles for the hearing impaired. Snacks and beverages served. Donations accepted. Westminster Presbyterian Church

**TUES 12, 1:00 P.M. Coffee & Conversation.** Adults are invited to meet and share thoughts, ideas, and community over a cup of coffee and pastry as we welcome library users from all walks of life. SW Interim Library

**WED 13, 4:30 P.M. Reading Club.** Children are invited to drop in for independent or quiet partnered reading. Children who read 20 minutes receive a fun prize! Children under 9 years old must be accompanied by a caregiver. SW Interim Library

**THURS 14, 2:00 P.M. Crafternoon.** Enjoy the company of other library users while working on your latest craft project. Basic instruction for knit and crochet available. All crafts and skill levels welcome. SW Interim Library

**THURS 14, 6-7:15 P.M. Yoga Nidra led by Pamela Wilson.** Relax and renew your body and mind with Yoga Nidra. No experience necessary. Bring padding and cover.

\$10 donation suggested. Westminster Presbyterian Church

**FRI 15, 7-8:30 P.M. Friday Night Lecture: Conquering Hate w/ Love.** Description: In a world where anger and disharmony among people are increasing, what we need is to improve our love and respect for one another. This Friday night lecture is also an introduction to a special weekend course on the Bodhisattva’s Way of Life with special guest teacher, Gen Kelsang Tenzin. Everyone welcome. Pricing. \$12 for general public. \$6 for student/seniors (Included for members) Please visit: [meditation-dc.org](http://meditation-dc.org)

**FRI 15, 7-8:30 P.M. The Inner Warrior - A special weekend course on the Bodhisattva’s Way of Life Conquering Hate with Love** – Introduction to the special weekend course: (*also our monthly Friday night lecture*). Please visit: [meditation-dc.org](http://meditation-dc.org)

**SAT 16, 10 A.M.-4 P.M:** Session 1: 10-11:30 A.M., Session 2: 1-2:15 P.M., Session 3: 2:45-4 P.M. Please visit: [meditation-dc.org](http://meditation-dc.org)

**SUN 17, 10 A.M-1:45 P.M.:** Session 1:10-11:15 A.M., Session 2: 12:30-1:45 P.M. Please visit: [meditation-dc.org](http://meditation-dc.org)

**SUN 17, 9:30 A.M. Sunday School,** St. Augustine’s Episcopal Church, 555 Water St. SW

**SAT 16, 11 A.M.-4 P.M. Channel Square Tenants’ Assoc. is sponsoring a Community Yard Sale.** 325 P St. SW. Interested in selling your goods? Email: [channelsquareta@gmail.com](mailto:channelsquareta@gmail.com). All are welcome

**MON 18, 7 P.M. ANC 6D Monthly Business Meeting.** 1100 4th St. SW, 2nd Floor. [www.anc6d.org](http://www.anc6d.org)

**TUES 19, 7:00 P.M. Write Here.** Teens and adults. “Write here” – it’s where you get your start on the writing you’ve always meant to do. Join us for casual writing exercises, sharing, and light workshoping, led by Youth Services Librarian Abby, MLIS, BA Creative Writing. SW Interim Library

**WED 20, 12 Noon. Southwest Waterfront AARP Chapter.** Don’t miss this special and exciting first hand journey during a significant period in the long history of the Washington Post. GUEST SPEAKER: Bob Levey, Retired Columnist for the Washington Post, writer of the Washington Post Daily Column, “Bob Levey’s Washington”, local tv personality and radio talk show host. PROGRAM PRESENTATION: “The Golden Era at The Washington Post”, followed by Bob Levey’s Book Sale and Signing: Bob Levey’s novel is entitled, Larry Felder, Candidate (Please see [www.bobleveypublishing.com](http://www.bobleveypublishing.com) for book details.) Cost of Book: \$20.00; Current AARP members, new prospective members, visitors, neighbors and guests are welcome. Location: River Park Mutual Homes’ South Common Room, 1311 Delaware Ave. SW, Street Parking Available. Waterfront Metro (Green Line) two blocks away. Lunch Available-COST: \$5.00. For further information, contact Chapter President, Betty Jean Tolbert Jones, [bettyjeantolbertjones@yahoo.com](mailto:bettyjeantolbertjones@yahoo.com) or 202-554-0901

**WED 20, 4:30 P.M. Uno Club.** Show off your best Uno strategies and compete with your friends at the popular card game Children under 9 must be accompanied by a caregiver. SW Interim Library

**WED 20, 6 P.M. Thelma D. Jones Breast Cancer Fund Breast Cancer Support Group:** Special Thanksgiving Celebration. Topic of discussion is breast cancer survivors with disabilities. Featured speakers include Mamie W. Mallory, MS, Board Chair, Thelma D. Jones Breast Cancer Fund and Kimberly Beer, Director, Public Policy, Christopher & Dana Reeve Foundation (invited). Also, a panel discussion of breast cancer survivors with disabilities. A Thanksgiving meal will be served. RSVP required by Friday, November 15. To RSVP email [thelma@tdjbreastcancerfund.org](mailto:thelma@tdjbreastcancerfund.org). Location:. St. Augustine’s Episcopal Church, 555 Water St. SW

**THURS 21, 7-8:30 P.M. Monthly Meditation, Music and Labyrinth Walk** with live sitar music by classical artist Alif Laila. Come to meditate, walk the labyrinth or just listen to the music. Meet the artist at the end of the program. Refreshments served. Free to the public. Westminster Presbyterian Church

**SAT 23, 11 A.M.-12:30 P.M. Introduction to Meditation.** Do you keep hearing about all the benefits of meditation, but don’t know where to start? This class is designed to help you learn meditation tips, improve the quality of your life, and gain an experience of inner peace. Price: \$12 (\$6 for Student/Seniors – Included for members). Kadampa Meditation Center DC 1200 Canal St. SW, 202-430-6540. [info@meditation-dc.org](mailto:info@meditation-dc.org)

**SAT 23, 2-5 P.M. Peace of Mind Half-Day Retreat.** Take a step back from the busyness and chaos of modern life and learn how meditation can bring benefit and meaning to your life. In this half-day retreat, learn the fundamentals of meditation and how to create a regular meditation practice. Kadampa Meditation Center DC. Price: \$25 (\$12.50 for Student/Seniors – Included for members) Please visit: [meditation-dc.org](http://meditation-dc.org)

**SAT 23, 7-8:30 P.M. Shenandoah: 18th St. Singers and Friends Cabaret** – a showcase of the many musical sides of the musical group’s members and DC’s musical community. Tickets on sale. \$10 in advance/ \$15 at the door. For more information and ticket sales, contact the group at: <http://www.18thstreetsingers.com>. Westminster Presbyterian Church

**THURS 21, 7 P.M. True Crime Book Club** features discussion of Truman Capote’s *In Cold Blood*, copies available at the service desk. SW Interim Library

**WED 23, 4:30 P.M. Comic Club.** Create comics with templates, talk about the best graphic novels, and get some recommendations from the librarian. Children under 9 must be accompanied by a caregiver. SW Interim Library

**THURS 28, 12 P.M. NARFE Chapter 2052, meeting** at Christ Methodist Church at 4th & I St. SW, Please come and join us, ALL current and retired Federal employees! Contact: Gloria Harper-Simon, Secretary [@ghsatty1@hotmail.com](mailto:@ghsatty1@hotmail.com). Christ United Methodist church at 4th & I Sts. SW

**THURS 21, 6:45 P.M. ABC Committee, ANC6D.** Alcohol license applications, renewals, enforcement, and other issues. To be added to e-mail list for agenda & notifications contact: Coralie Farlee, Chair, ABC Committee, 202-554-4407, [cfarlee@mindspring.com](mailto:cfarlee@mindspring.com). Harbor Patrol, 550 Water St. SW

**TUES 26, 10 A.M. Tech Drop-In.** Help accessing library services using participant’s laptops, tablets, or other digital devices. SW Interim Library

**SAT 29, Southwest Library Book Discussion.** Copies of this month’s title, *Team of Rivals* by Doris Kearns Goodwin is available at the service desk. SW Interim Library

## WEEKLY, BIWEEKLY

**10U FLAG FOOTBALL, Mondays-Fridays, 6-9 P.M., Ages 9-12,** David Freeman, Randall Recreation Center, South Capitol and I Sts. SW (202) 554-6973

**12U FLAG FOOTBALL, Mondays-Fridays, 6-9 P.M., Ages 11-12,** David Freeman, Randall Recreation Center

**ADULT BEGINNER TENNIS, Thursdays and Fridays, 6:30-8:30 P.M.,** All Ages, Randall Recreation Center

**ADULT BEGINNER TENNIS, Saturdays, 1-2 P.M.** Ages 18+, King Greenleaf Recreation Center, 201 N St. SW, (202) 645-7454

**ADULT INTERMEDIATE TENNIS,** Tuesdays, 5:30-6:30 P.M., Randall Recreation Center

**ALZHEIMER’S ASSN CAREGIVER SUPPORT GROUP, 4<sup>th</sup> Thursdays of the month.** 11 A.M.-12 P.M. Free and open to the Public. St. Matthew’s Lutheran Church, 222 M St. SW

**ARTS FOR KIDS, Tuesdays 5-6 P.M.** Ages 6-12, Michelle Edmonds, King Greenleaf Recreation Center

**ARTY AFTERNOONS,** Mondays, 4:30 P.M. Join us in the Children’s Room for fun arts and crafts. For children ages 4-12. Children under 9 years old must be accompanied by a caregiver. Southwest Interim Library. **Please note the library will be closed Monday, Nov. 11**

**BABY /TODDLER STORY TIME, Mondays, 10:30 A.M.** Full of books, songs, rhymes and fingerplays for children from birth to 2 years old, Baby and Toddler Story Time is a great way to introduce your child to language skills in a positive and fun environment. Politics & Prose, 70 District Sq SW, (202) 724-4752. **Please note the library will be closed Monday, November 11th**

**BALLET, Saturdays, 10:15-11:15 A.M.** Ages 6-12, Alexis Miller & Jilian Carter, Randall Recreation Center

**BALLET, Saturdays, 11:15 A.M-12:15 P.M.** Ages 3-5, Alexis Miller & Jilian Carter, Randall Recreation Center

**BASKETBALL,** Ages 5-6 on Tues. & Thurs., 5-6 P.M.; Ages 7-8 on Thurs. & Fri., 6-7 P.M.; Ages 9-10 on Tues. & Thurs., 7-8 P.M.; Ages 11-12 on Tues. & Fri., 7-8 P.M.; Ages 13-14 on Fri., 8-9 P.M. All at King Greenleaf Recreation Center

**BLUES MONDAYS, 6-9 P.M.** Various Blues musicians and singers featured each Monday. \$5 cover and food for sale. Schedule at [www.westminsterdc.org/blues.html](http://www.westminsterdc.org/blues.html), Westminster Presbyterian Church

**BREAD FOR LIFE, Sundays, 8-8:45 A.M. Free Breakfast,** Hot Breakfast of eggs, pancakes, sausage, biscuits, juice and coffee. Seeking Volunteers to help cook, serve and set-up. Contact: [chee-cheemathis@staugustinesdc.org](mailto:chee-cheemathis@staugustinesdc.org). St. Augustine’s Episcopal Church Community Room, 555 Water St. SW

**CENTERING PRAYER, Thursdays, 11:45 A.M.** St. Augustine’s Episcopal Church

**COMMUNITY BREAKFAST, Every 3rd Saturday, 9-11 A.M.** Rear entrance of Christ United Methodist Church, 900 4th St. SW, across from SW Interim Library. \$5 donation

**COOKING LEVEL 1, Wednesdays, 5:30-7 P.M.** (Boys) Ages: 8-13, Safiyyah Aleem-Woods, King Greenleaf Recreation Center

**DOMESTIC VIOLENCE WALK-IN CLINIC, Wednesdays, 1-4 P.M.** Westminster Presbyterian Church, I & 4<sup>th</sup> St. SW

**EVENING PRAYER, Tuesdays, 6:30 P.M.** St. Augustine’s Episcopal Church

**FEDERAL CITY RUNNERS TUESDAY NIGHT GROUP RUN, Tuesdays, 6:30 P.M.** Meet by Waterfront Metro exit (near Safeway). Run distance: 4-5 miles. Runners of all paces welcome! Run year-round in rain, snow, or shine. RSVP at [www.meetup.com/fcrunners](http://www.meetup.com/fcrunners) to receive run updates or just show up!

**FITNESS BOOTCAMP,** Mondays and Wednesdays, 5-6 P.M., Ages 7-12, Randall Recreation Center

**FITNESS BOOTCAMP, Mondays and Wednesdays, 6-7 P.M.** Ages 18+, King Greenleaf Recreation Center

**FITNESS BOOTCAMP, Wednesdays and Fridays, 6:30-7:30 P.M.** Ages 18+, Randall Recreation Center

**FLAG FOOTBALL,** Thursdays, 6-7 P.M., Ages 14U, Nathaniel Green, King Greenleaf Recreation Center

**FOOTBALL 8 U, Mondays, Wednesdays and Fridays, 6-7 P.M.** Ages 7-8, Ronald Hines, King Greenleaf Recreation Center

**FREE DCROW hosts Rows for seniors every 4th Friday** and The Heroes Row (for vets, active duty military and first responders) every 3rd Saturday. More info: <https://www.dcrow.co>

**FRIDAY NIGHT FISHING, 5:30-8:30 P.M.** Free event for kids and families, and fisher-folks young and old! At the docks at Diamond Teague Park (in SE across from the baseball stadium)

**HAND DANCING, Saturdays, 1-3:30 P.M.** Ages 18 & up, Volunteer, King Greenleaf Recreation Center

**JAZZ NIGHT IN SW, Fridays, 6-9 P.M.** Various Jazz musicians and singers featured each Friday. \$5. Food for sale. Schedule at [www.westminsterdc.org/jazz.html](http://www.westminsterdc.org/jazz.html). Westminster Presbyterian Church

See “Calendar” page 19

View our on-line calendar at [www.swna.org](http://www.swna.org)

Submit Calendar events to [calendar@thesouthwester.com](mailto:calendar@thesouthwester.com) by the 15th of the month preceding the month it is scheduled.



CALENDAR

Continued from p. 18

**JOB SEEKING ASSISTANCE**, resume writing, mock interviews, and other job assistance. All are welcome. For schedule call D.C. Mentoring and Assistance Program (D.C. MAAP) at 202-816-8572 or email [wearedcmaap@gmail.com](mailto:wearedcmaap@gmail.com)

**JUNIOR BEGINNER TENNIS, Mondays, Wednesday and Friday, 3:30 P.M.-5:30 P.M.** All ages. Randall Recreation Center

**JUNIOR BALLET, Monday-Fridays, 3:30-4:30 P.M.** Ages 6-13, Shaunte Anthony, Randall Recreation Center

**KEYS TO FREEDOM N/A Group, Tuesdays, Noon-1 P.M.** St. Augustine's Episcopal Church

**The KIWANIS CLUB OF SOUTHWEST WATERFRONT, every first and third Monday, 6:30-7:30 P.M.** Christ United Methodist Church

**KADAMPA MEDITATION CENTER**, Sundays, 10-11 A.M. Advice for Life and Kids Class Thursdays, 7:15-8:30 P.M., Thursday Night Meditation Class. Weekly Chanted Prayers: Tuesdays - 5pm - 6pm - Heart Jewel; Sundays (Wishfulfilling Jewel w/ tsog)

**KOMEN TOASTMASTERS INTERNATIONAL meets every 1<sup>st</sup> and 3<sup>rd</sup> Saturday, 10:30 A.M.-Noon.** All are welcome. Details at: <https://www.toastmasters.org/Find-a-Club/00008714-00008714>, Westminster Presbyterian Church

**MACHINE PITCH, Monday and Wednesdays, 6-7 P.M., Ages 6-13**, King Greenleaf Recreation Center

**NARCOTICS ANONYMOUS, Wednesdays, 7-8 P.M.** Westminster Presbyterian Church

**PAJAMA STORY TIME, Wednesdays, 7:00 P.M.** An evening story time where pajamas are encouraged but not required. These 30-to-40-minute evening programs are designed to delight children of all ages. SW Interim Library. **Please note here will be no Pajama Story Time Wed Nov. 27**

**PANCAKE BREAKFAST**, Sundays 8 A.M.-8:45 A.M. St. Augustine's Episcopal Church

**PICKLE BALL, Tuesdays, 10:30 A.M.-1 P.M.** Ages 55+, Volunteer, King Greenleaf Recreation Center

**PRESCHOOL STORY TIME, Wednesdays, 10:30 A.M.** Share the fun of reading with your children ages 3-5 years! Children and their grownups will explore stories and activities to encourage children to develop a lifelong love of reading and learning. These 30-to-40-minute programs are designed to promote language and listening skills, expand children's imaginations and arouse their curiosity about the world around them. The Lot SW, 4<sup>th</sup> & M St. SW, (202) 724-4752

**RED HAT SOCIETY**, Ladies over the age of 50 are invited to participate in monthly get-togethers, outings, parties, a book club and more. Contact: [mlowdc@yahoo.com](mailto:mlowdc@yahoo.com)

**SEATED YOGA TWICE A WEEK, Mondays, 11 A.M-Noon and Wednesdays, 4-5 P.M.** Pamela Wilson guides a gentle series of movements designed to free the joints and ease the mind. This is part of Westminster's Wellness program. Westminster Presbyterian Church

**SENIOR BINGO, Mondays and Thursdays, 1-3 P.M.** Ages 55+, Lykeyia Lucas, King Greenleaf Recreation Center

**SOUTHWEST RENEWAL A/A Group, Wednesdays, 7 P.M.** St. Augustine's Episcopal Church

**SOUTHWEST SATURDAYS, 11:00 A.M.** Do a craft. Play a game. Enjoy a story together. Join us for all-ages fun. Children under 9 must be accompanied by a caregiver. SW Interim Library

**SOUTHWEST WATERFRONT AARP Chapter 4751** monthly luncheon meetings are held every third Wednesday at 12:00 noon. Current AARP members, prospective members and visitors are welcome. Lunch is Available. Cost: \$5.00. River Park Mutual Homes' South Common Room, 1311 Delaware Ave. SW. For further information, contact Chapter President Betty Jean Tolbert Jones, [bettyjeantolbertjones@yahoo.com](mailto:bettyjeantolbertjones@yahoo.com) or 202-554-0901

**SOUTHWEST SATURDAYS, Saturdays, 11:00 A.M.** Do a craft.

Play a game. Enjoy a story together. There's always something fun and new at Southwest Neighborhood Library on Saturdays. Join us for all-ages fun. Children under 9 must be accompanied by a caregiver. Southwest Interim Library

**ST. AUGUSTINE'S EPISCOPAL CHURCH, Sundays**, Bread For Life Pancake Breakfast 8-8:45 A.M. 9:30 A.M. Worship Service and Holy Eucharist. Come Join us! All Are Welcome. 555 Water St. SW, (202) 554-3222.

**ST. MATTHEWS LUTHERAN CHURCH**, Sundays Morning Worship Service 9:30 AM. Also Sunday Evening Worship Service 5 P.M.-6 P.M. All are Welcome. 222 M St. SW, (202) 800-4600

**SUPREME TEENS, Mondays, 6:30-7:30 P.M.** Ages 13-19, King Greenleaf Recreation Center

**SUPREME TEENS, Wednesdays, 4-6 P.M.** Ages 13-18, Randall Recreation Center

**SW FREEWAY, NA, Wednesdays, 7-8 P.M.** Westminster Presbyterian Church

**SW WATERFRONT HOOKS AND NEEDLES GROUP, Mondays 2-4 P.M.** Velo Café at District Bike & Hardware at The Wharf. All fiber crafters welcome

**GOTTASWING DANCE CLASSES, Wednesdays, 7-10:00 P.M.** Westminster Presbyterian Church

**TEE BALL, Tuesdays and Thursdays, 5-6 P.M., Ages 3-6**, Chamia Day, Randall Recreation Center

**TEE BALL, Tuesdays and Thursdays, 5-7 P.M., Ages 3-6**, Nathaniel Green, King Greenleaf Recreation Center, 201 N St. SW

**TENNIS ABC-Agility, Balance, Coordination, Mondays and Wednesdays, 1-2P.M.** All ages. King Greenleaf Recreation Center, 201 N St. SW

**TENNIS ADULT BEGINNER**, Saturday, 1-2 P.M. Ages 18 & up, King Greenleaf Recreation Center

**TINY TOT BALLET**, Saturdays, 10:15 A.M.-11:15 A.M., Ages 3-5 Alexis P. Miller, Randall Recreation Center, 25 I St. SW

**TINY TOTS NEED RECREATION TOO**, Thursdays & Fridays, **10:30-11:30 A.M.** Ages 1-3 years, Michelle Edmonds, King Greenleaf Recreation Center

**TINY TOT SOCCER, Saturdays, 11 A.M. -12 Noon, Ages 5-13**, Randall Recreation Center, 25 I St. SW

**TINY TOTS TENNIS, Mondays, & Wednesdays 4-5 P.M.** Ages 3-5, King Greenleaf Recreation Center

**TINY TOT TENNIS, Mondays, 4-5 P.M.** Ages 18 & up, Randall Recreation Center, 25 I St. SW

**TTNRT! Tuesdays & Thursdays, 10:30 A.M-11:30 A.M.**, Karenn Houser-Hall, Randall Recreation Center

**VOLLEYBALL, Tuesdays, 5:30-7 P.M.** Ages 10-14, Safiyyah Aleem-Woods, King Greenleaf Recreation Center

**WASHINGTON STAMP COLLECTOR'S CLUB, First and Third Wednesday each month, 7-9 P.M.** Buy, trade and sell stamps. Refreshments provided. Christ United Methodist Church

**WATERCOLOR PAINTING, Tuesdays and Thursdays, 5:30-7:30 P.M.** Ages: 18+, Elin Whitney-Smith, Randall Recreation Center

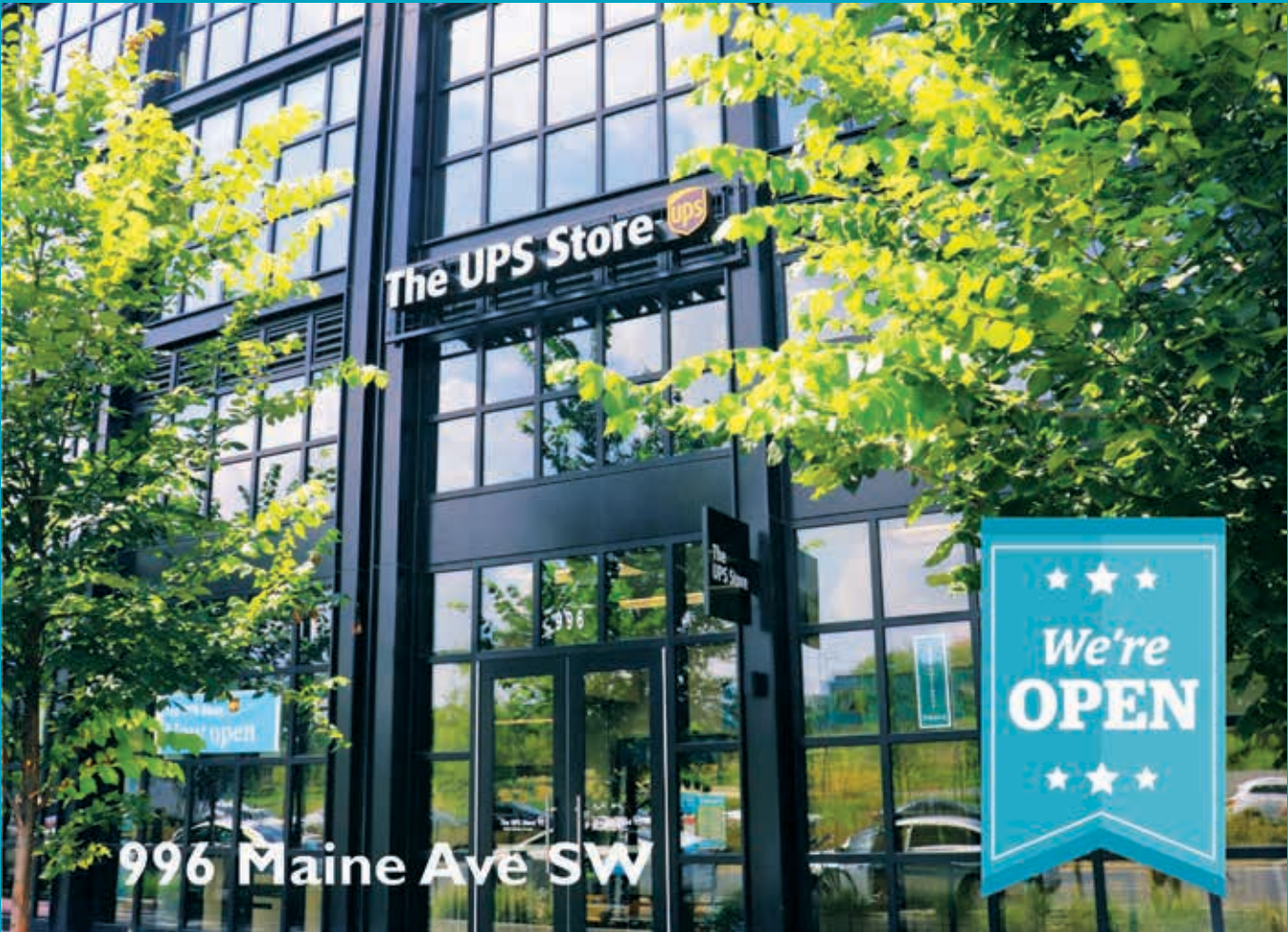
**WESTMINSTER PRESBYTERIAN CHURCH, Sundays, 10 A.M. Hot Breakfast Served.** Freewill donations accepted. All welcome. **10-10:45 A.M. Resistance Bible Study. 11 A.M. Worship Service.** All Welcome. 11A.M. Vacation Bible School for children 4-10 years old

**YOGA IN THE WATER: ALL-LEVELS CLASS, Tuesdays and Thursdays, 9:30-10:30 A.M. and Sundays, 12:30-1:30 P.M.,** with Pamela Wilson at Waterside Fitness and Swim Club, 901 6th St. SW. \$10 for class/day pass. For more information, call Waterside Fitness and Swim Club, 202-488-3701

**YOUNG LADIES ON THE RISE, Thursdays, 5:30-7 P.M.** Ages: 6-14, Michelle Edmonds, Game/Art Room at King Greenleaf Recreation Center

**ZUMBA, Mondays-Friday, 6-9 P.M.** Ages 7-8, David Freeman, Randall Recreation Center

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